Resource Directory for Older People

National Institute on Aging
National Institutes of Health

U.S. Department of Health and Human Services

Administration on Aging

Introduction

Knowledge is of two kinds. We know a subject ourselves, or we know where we can find the information.
~Samuel Johnson~

The *Resource Directory for Older People* is designed to help people find the information they need. A cooperative effort of the National Institute on Aging (NIA) and the Administration on Aging (AoA), the directory is intended to serve a wide audience including health and legal professionals, social service providers, librarians, and researchers, as well as older people and their families. The directory contains organizational names, addresses, phone numbers, and fax numbers, as well as email and website addresses.

The directory lists Federal agencies, AoA-supported resource centers, professional societies, private groups, and volunteer programs. Some deal mainly with older people and their families while others serve professionals who work with older adults and still others target people of all ages. Inclusion in the directory does not imply an endorsement by NIA or AoA.

The directory is arranged alphabetically by organization name, and there is a general subject index. Every effort was made to publish a brief but accurate overview about each listed organization. Readers should contact each organization directly if they want more detailed information.

We welcome comments, suggestions, and additions for future editions. Updates, as well as information on any national group serving older people that is not included in this edition, should be sent to:

Editor, *Resource Directory for Older People*
National Institute on Aging
Office of Communications and Public Liaison
Building 31, Room 5C27
31 Center Drive, MSC 2292
Bethesda, MD 20892-2292
(301) 496-1752

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15 American Tinnitus Association (ATA)
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16 Assisted Living Federation of America (ALFA)

16 Association for Gerontology in Higher Education (AGHE)
16 Better Hearing Institute
16 Better Vision Institute (BVI)
17 Beverly Foundation
17 B'nai B'rith
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18 Catholic Charities USA (CCUSA)
18 Catholic Golden Age (CGA)
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20 Clearinghouse on Abuse and Neglect of the Elderly (CANE)
20 Community Transportation Association of America (CTAA)
20 Continuing Care Accreditation Commission (CCAC)
20 Corporation for National Service (CNS)
21 Council of Better Business Bureaus (CBBB)
21 The Dana Alliance for Brain Initiatives
21 Delta Society
21 Department of Justice (DOJ)
22 Department of Labor (DOL)
22 Department of Transportation (DOT)
22 Department of Veterans Affairs (VA)
22 DES Action
23 Disabled American Veterans (DAV)
23 Elder Craftsmen (EC)
23 Eldercare Initiative in Consumer Law (EICL)
23 Eldercare Locator
23 Elderhostel

24 Elderweb
24 Environmental Protection Agency (EPA)
24 Epilepsy Foundation
24 Equal Employment Opportunity Commission (EEOC)
25 Federal Consumer Information Center (FCIC)
25 Federal Trade Commission (FTC)
25 Food and Drug Administration (FDA)
25 Food and Nutrition Information Center (FNIC)
26 Foundation for Biomedical Research (FBR)
26 John Douglas French Alzheimer's Foundation
26 Generations Online
26 Generations Together (GT)
26 Gerontological Society of America (GSA)
27 Glaucoma Research Foundation (GRF)
27 Gray Panthers (GP)
27 Green Thumb, Inc. (GT)
27 Health Care Financing Administration (HCFA) (Recent name change: The Centers for Medicare and Medicaid Services
28 Health Insurance Association of America (HIAA)
28 Hill-Burton Free Medical Care Program
28 HIV/AIDS Treatment Information Service (ATIS)
28 Huntington's Disease Society of America (HDSA)
29 Hysterectomy Educational Resources and Services Foundation (HERS)
29 Indian Health Service (IHS)
29 International Hearing Society
29 International Tremor Foundation (ITF)
30 Japanese American Citizens League (JACL)
30 Kansas Geriatric Education Center (KS-GEC)
30 Legal Counsel for the Elderly (LCE)
30 Legal Services for the Elderly (LSE)
31 Leukemia and Lymphoma Society, Inc. (LLS)
31 Lighthouse National Center for Vision and Aging (LNCVA)
31 Lupus Foundation of America (LFA)

31 Meals On Wheels Association of America (MOWAA)
32 MedicAlert Foundation
32 Medicare Rights Center (MRC)
32 National Academy of Elder Law Attorneys, Inc. (NAELA)
32 National Alliance for Hispanic Health
32 National Alliance for the Mentally Ill (NAMI)
33 National Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse
33 National Asian Pacific Center on Aging (NAPCA)
33 National Association for Continence (NAFC)
33 National Association for Health & Fitness (NAHF)
34 National Association for Hispanic Elderly (Asociación Nacional Por Personas Mayores)
34 National Association for Home Care (NAHC)
34 National Association for Human Development (NAHD)
34 National Association for Practical Nurse Education and Services (NAPNES)
35 National Association of Activity Professionals (NAAP)
35 National Association of Area Agencies on Aging (N4A)
35 National Association of Community Health Centers (NACHC)
35 National Association of Nutrition and Aging Service Programs (NANASP)
36 National Association of Professional Geriatric Care Managers (NAPGCM)
36 National Association of Social Workers (NASW)
36 National Association of State Units on Aging (NASUA)
36 National Association of the Deaf (NAD)
37 National Association on HIV Over Fifty (NAHOF)
37 National Bar Association (NBA)
37 National Cancer Institute (NCI)
37 National Caucus and Center on Black Aged, Inc. (NCBA)
38 National Center for Complementary and Alternative Medicine (NCCAM) Clearinghouse
38 National Center for Health Statistics (NCHS)
38 National Center on Elder Abuse (NCEA)
38 National Center on Minority Health and Health Disparities (NCMHD)
39 National Center on Poverty Law, Inc. (NCPL)
39 National Citizen's Coalition for Nursing Home Reform (NCCNHR)
39 National Coalition for Adult Immunization (NCAI)

39 National Committee to Preserve Social Security and Medicare (NCPSSM)
40 National Consumer's League (NCL)
40 National Council Against Health Fraud (NCAHF)
40 National Council of La Raza (NCLR)
40 National Council on Aging, Inc. (NCOA)
41 National Council on Alcoholism and Drug Dependence (NCADD)
41 National Council on Patient Information and Education (NCPIE)
41 National Diabetes Information Clearinghouse (NDIC)
41 National Digestive Diseases Information Clearinghouse (NDDIC)
42 National Eye Health Education Program (NEHEP)
42 National Family Caregivers Association (NFCA)
42 National Gerontological Nursing Association (NGNA)
42 National Health Information Center (NHIC)
43 National Heart, Lung, and Blood Institute (NHLBI) Information Center
43 National Hispanic Council on Aging (NHCoA)
43 National Hospice and Palliative Care Organization (NHPCO)
43 National Hospice Foundation (NHF)
44 National Human Genome Research Institute (NHGRI)
44 National Indian Council on Aging (NICOA)
44 National Information and Referral Support Center (NIRSC)
44 National Institute of Allergy and Infectious Diseases (NIAID)
45 National Institute of Child Health and Human Development (NICHD) Information Clearinghouse
45 National Institute of Dental and Craniofacial Research (NIDCR)
45 National Institute of Environmental Health Sciences (NIEHS)
45 National Institute of General Medical Sciences (NIGMS)
46 National Institute of Mental Health (NIMH)
46 National Institute of Neurological Disorders and Stroke (NINDS)
46 National Institute of Nursing Research (NINR)
47 National Institute on Aging (NIA)
47 National Institute on Alcohol Abuse and Alcoholism (NIAAA)
47 National Institute on Deafness and Other Communication Disorders (NIDCD)
48 National Institute on Drug Abuse (NIDA)

48 National Interfaith Coalition on Aging (NICA)
48 National Kidney and Urological Diseases Information Clearinghouse (NKUDIC)
48 National Kidney Foundation (NKF)
49 National Legal Support for Elderly People with Mental Disabilities Project
49 National Library of Medicine (NLM)
49 National Library Service for the Blind and Physically Handicapped (NLSBPH)
49 National Long-Term Care Ombudsman Resource Center (NLTCORC)
50 National Long-Term Care Resource Center (NLTCRC)
50 National Medical Association (NMA)
50 National Mental Health Association (NMHA)
50 National Multiple Sclerosis Society (NMSS)
51 National Organization for Rare Disorders (NORD)
51 National Organization for Victim Assistance (NOVA)
51 National Osteoporosis Foundation (NOF)
51 National Policy and Resource Center on Nutrition and Aging
52 National Policy and Resource Center on Women and Aging (NPRCWA)
52 National Prevention Information Network (NPIN)
52 National Psoriasis Foundation (NPF)
52 National Rehabilitation Information Center (NARIC)
53 National Resource and Information Center (NRIC)
53 National Resource Center: Diversity and Long-Term Care (NRCDLTC)
53 National Resource Center on Native American Aging (NRCNAA)
53 National Resource Center on Supportive Housing & Home Modifications
54 National Rural Health Association (NRHA)
54 National Self-Help Clearinghouse (NSHC)
54 National Senior Citizens Education and Research Center (NSCERC)
54 National Senior Citizens Law Center (NSCLC)
54 National Senior Games Association (NSGA)
55 National Sleep Foundation (NSF)
55 National STD and AIDS Hotlines
55 National Stroke Association (NSA)
55 National Urban League
56 National Women's Health Information Center (NWHIC)

56 National Women's Health Network (NWHN)
56 Native Elder Health Care Resource Center (NEHCRC)
56 NIH Osteoporosis and Related Bone Diseases National Resource Center (NIH-ORBD-NRC)
56 North American Menopause Society (NAMS)
57 Office on Smoking and Health (OSH)
57 Older Women's League (OWL)
57 Opticians Association of America (OAA)
57 Organization of Chinese Americans (OCA)
58 Paget Foundation for Paget's Disease of Bone and Related Disorders (PF)
58 Parkinson's Disease Foundation (PDF)
58 Partnership for Caring, Inc. (PFC)
58 Pension and Welfare Benefits Administration (PWBA)
58 Pension Rights Center (PRC)
59 President's Council on Physical Fitness and Sports (PCPFS)
59 Prevent Blindness America (PBA)
59 Project Aliento
59 Pulmonary Fibrosis Foundation (PFF)
60 Restless Legs Syndrome Foundation
60 Robert Wood Johnson Foundation (RWJF)
60 Self Help for Hard of Hearing People, Inc. (SHHH)
60 Senior Job Bank
60 SeniorNet (SN)
61 Simon Foundation for Continence
61 The Skin Cancer Foundation
61 Social Security Administration (SSA)
61 Society for Neuroscience
62 SPRY Foundation
62 Substance Abuse and Mental Health Services Administration (SAMSHA)
62 United Seniors Health Council (USHC)
62 United Way of America
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Administration on Aging (AoA)
Department of Health and Human Services (DHHS)
330 Independence Avenue, SW
Washington, DC 20201

Phone: 202-619-0724
202-619-7501
1-800-677-1116 (toll-free)
(Eldercare Locator)
Fax: 202-401-7620
Website: http://www.aoa.gov

Working in close partnership with its sister agencies in the DHHS, the AoA is the Federal agency dedicated to policy development, planning and the delivery of supportive home-and community-based services to older persons and their caregivers. The AoA works through the national aging network of State and Area Agencies on Aging, Tribal and Native organizations, and thousands of service providers, adult care centers, caregivers, and volunteers.

Agency for Healthcare Research & Quality (AHRQ)
Publications Clearinghouse
PO Box 8547
Silver Spring, MD 20907-8547

Phone: 1-800-358-9295 (toll-free)
Website: http://www.ahrq.gov

AHRQ, part of the Federal Government, provides an information clearinghouse service that distributes *Evidence-Based Summaries and Reports, Clinical Practice Guidelines*, and other medical statistics and information. Call to order copies of guidelines on topics such as cardiac rehabilitation, treatment of pressure sores, or other publications on elder and long-term health care, health insurance, and minority health data. Visit the website to download *Clinical Practice Guidelines* on topics such as urinary incontinence, screening for Alzheimer's disease, and post-stroke rehabilitation.

AIDS Clinical Trials Information Service (ACTIS)
PO Box 6421
Rockville, MD 20849-6421

Phone: 1-800-TRIALS-A (874-2572) (toll-free)
(English, Spanish, Portuguese)
301-519-0459
TTY: 1-888-480-3739 (toll-free)
Fax: 301-519-6616
Email: actis@actis.org
Website: www.actis.org

ACTIS, funded by the Federal Government, is a central resource providing current information on Federally and privately sponsored clinical trials for HIV/AIDS patients. Free, confidential information is available in English, Spanish, or Portuguese.

Alliance for Aging Research
2021 K Street, NW, Suite 305
Washington, DC 20006

Phone: 202-293-2856
Fax: 202-785-8574
Website: http://www.agingresearch.org

The Alliance is a national, citizen advocacy organization offering free publications including *Investing in Older Women's Health, Meeting the Medical Needs of the Senior Boom, Delaying the Diseases of Aging*, and other aging-related subjects such as menopause, how to age with ease, and health care options under Medicare. The Alliance supports the health and independence of older people through public and private funding of medical research and geriatric education.

Alzheimer's Association
919 North Michigan Avenue, Suite 1100
Chicago, IL 60611

Phone: 1-800-272-3900 (toll-free)
312-335-8700
TTY: 312-335-8882
Fax: 312-335-1110
Email: info@alz.org
Website: http://www.alz.org

The Association is a nonprofit organization offering information and support services to people with Alzheimer's disease (AD) and their families. Contact the 24-hour, toll-free telephone line to link with local chapters and community resources. The Association funds research to find a cure for AD and provides information on caregiving. A free catalog of educational publications is available in English and Spanish.

Alzheimer's Disease Education and Referral (ADEAR) Center
PO Box 8250
Silver Spring, MD 20907-8250

Phone: 1-800-438-4380 (toll-free)
(English, Spanish)
301-495-3311
Fax: 301-495-3334
Email: adear@alzheimers.org
Website: http://www.alzheimers.org

The ADEAR Center, funded by the National Institute on Aging, distributes information about Alzheimer's disease (AD) to health professionals, patients and their families, and the public. Contact the Center for information about the symptoms, diagnosis, and treatment of AD; recent research; and referrals to State and other national services. The ADEAR website has searchable publications and databases, including the AD Clinical Trials Database of studies accepting volunteers.

American Academy of Dermatology (AAD)
930 North Meacham Road
Schaumburg, IL 60173-4965

Phone: 1-888-462-3376 (toll-free)
(automated ordering system)
847-330-0230
Fax: 847-330-0050
Website: http://www.aad.org

AAD, an association of doctors specializing in dermatology, provides pamphlets and general information about skin cancers, contact allergies (like poison ivy), shingles (herpes zoster), and other skin conditions. Audio-cassettes, news releases, and public service announcements on dermatology topics also are available. Contact AAD for referrals to certified dermatologists.

American Academy of Family Physicians (AAFP)
11400 Tomahawk Creek Parkway
Leawood, KS 66211-2672

Phone: 1-800-274-2237 (toll-free)
913-906-6000
Fax: 913-906-6094
Email: fp@aafp.org
Website: http://familydoctor.org
(information for the public)

AAFP, a national association of doctors in family practice, offers education and information on health care and disease prevention. Contact the AAFP for referrals to certified doctors. Publications on topics such as sensible eating, preventive health services and family practice, and a health care guide are available free from AAFP-certified doctors or for a fee from AAFP. The website offers free fact sheets on specific diseases, questions and answers about common health issues, self-care flow charts, and databases on drugs and drug reactions.

American Academy of Neurology (AAN)
1080 Montreal Avenue
St. Paul, MN 55116

Phone: 651-695-1940
Fax: 651-695-2791
Website: http://www.aan.com

The Academy is an association of doctors specializing in disorders of the brain and central nervous system. Contact AAN for information about neurology. Visit the Academy's website for referrals to accredited neurologists. Publications include the AAN's *Patient Information Guide* on neurological disorders and treatment.

American Academy of Ophthalmology (AAO)
PO Box 7424
San Francisco, CA 94120-7424

Phone: 1-800-222-3937 (toll-free)
415-561-8500
Fax: 415-561-8567
Website: http://www.eyenet.org

AAO is an association of doctors specializing in eye diseases. The Academy's Eye Care America helpline provides information and publications and connects eligible older people with ophthalmologists who provide free eye care in their community. US citizens qualify for free care at age 65 if they have no health insurance and have not seen an eye doctor for at least 3 years.

American Academy of Orthopaedic Surgeons (AAOS)
6300 North River Road
Rosemont, IL 60018-4262

Phone: 847-823-7186
Fax: 847-823-8125
Website: http://www.aaos.org

AAOS is a nonprofit organization of doctors specializing in bones, joints, muscles, ligaments, and tendons. Contact AAOS for information on orthopaedic medicine including arthritis, osteoporosis, artificial joints, and prevention of hip fractures. Publications on orthopaedic medicine, many specifically for older people, are available.

American Academy of Otolaryngology–Head and Neck Surgery, Inc. (AAO)
1 Prince Street
Alexandria, VA 22314

Phone: 703-836-4444
TTY: 703-519-1585
Fax: 703-683-5100
Email: webmaster@entnet.org
Website: http://www.entnet.org

The Academy is an organization of doctors specializing in ear, nose, and throat problems and diseases of the head and neck. Contact AAO for referrals to specialists and publications on topics such as cosmetic facial surgery, head and neck tumors, treatments for certain types of hearing loss, and balance disorders.

American Academy of Physical Medicine and Rehabilitation (AAPMR)
One IBM Plaza, Suite 2500
Chicago, IL 60611-3604

Phone: 312-464-9700
Fax: 312-464-0227
Email: info@aapmr.org
Website: http://www.aapmr.org

The Academy is a professional organization of physicians who treat people with disabilities. Contact AAPMR for referrals to physiatrists or for information and publications about rehabilitation medicine.

American Association for Geriatric Psychiatry (AAGP)
7910 Woodmont Avenue, Suite 1050
Bethesda, MD 20814-3004

Phone: 301-654-7850
Fax: 301-654-4137
Email: main@aagponline.org
Website: http://www.aagponline.org

The Association works to improve the mental health and well-being of older people. Contact AAGP for information on geriatric psychiatry and to receive referrals to specialists. Available publications include *Growing Older, Growing Wiser: Coping with Expectations, Challenges and Changes in Later Years*, and brochures on topics such as Alzheimer's disease, depression, and the role of the geriatric psychiatrist. Some consumer publications are free.

American Association for Marriage and Family Therapy (AAMFT)
1133 15th Street, NW, Suite 300
Washington, DC 20005

Phone: 202-452-0109
Fax: 202-223-2329
Email: memberservices@aamft.org
Website: http://www.aamft.org

AAMFT is a professional association of qualified marriage and family therapists. The Association provides referrals to marriage and family therapists and offers publications on topics including divorce, depression, and sexual problems.

American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR)
7600 Terrace Avenue, Suite 203
Middleton, WI 53562-3174

Phone: 608-831-6989
Fax: 608-831-5122
Email: aacvpr@tmahq.com
Website: http://www.aacvpr.org

AACPR is an organization of certified heart, lung, and blood specialists that provides information on diagnosis, treatment, and disease prevention. Information and publications are available on consumer guidelines for cardiac rehabilitation and purchasing fitness equipment. Visit the website for a free brochure.

American Association of Critical-Care Nurses (AACN)
101 Columbia
Aliso Viejo, CA 92656-4109

Phone: 1-800-899-AACN (899-2226) (toll-free)
949-362-2050
Fax: 949-362-2020
Email: info@aacn.org
Website: http://www.aacn.org

AACN is a nonprofit professional association dedicated to meeting the needs of its members who care for acutely and critically ill patients and their families. The Association provides practice and educational resources as well as professional support for its members. Contact AACN for publications and audiovisual materials on critical care.

American Association of Homes and Services for the Aging (AAHSA)
2519 Connecticut Avenue, NW
Washington, DC 20008-1520

Phone: 202-783-2242
Fax: 202-783-2255
Email: inform@aahsa.org
Website: http://www.aahsa.org

AAHSA is a national, nonprofit organization providing older people with services and information on housing, health care, and community involvement. Visit the AAHSA website for information for seniors and caregivers.

American Association of Retired Persons (AARP)
601 E Street, NW
Washington, DC 20049

Phone: 1-800-424-3410 (toll-free)
202-434-2277
Fax: 202-434-6973
Website: http://www.aarp.org

AARP is a nonprofit organization that advocates for older Americans' health, rights, and life choices. Local chapters provide information and services on crime prevention, consumer protection, and income tax preparation. Members can join group health, auto, life, and home insurance programs, investment plans, or a discount mail-order pharmacy service. The AgeLine database, available on CD-ROM, contains extensive resources on issues of concern to older people. Publications are available on housing, health, exercise, retirement planning, money management, leisure, and travel.

American Bar Association
Commission on the Legal Problems of the Elderly
740 15th Street, NW
Washington, DC 20005-1022

Phone: 202-662-8690
Fax: 202-662-8698
Email: abaelderly@abanet.org
Website: http://www.abanet.org/elderly

The Commission examines and responds to law-related needs of older people. It makes referrals and maintains a listing of legal aid offices where older people can get free or low-cost legal assistance. The Commission's website lists available publications and videos.

American Brain Tumor Association (ABTA)
2720 River Road, Suite 146
Des Plaines, IL 60018

Phone: 1-800-886-2282 (toll-free) (Patient Line)
847-827-9910
Fax: 847-827-9918
Email: info@abta.org
Website: http://www.abta.org

ABTA is a nonprofit organization, offering free social work consultations, a nationwide database of established support groups, mentorship for people who want to start a support group, a resource listing of specialist physicians, and referrals to organizations providing services for brain tumor patients. Publications on brain tumors, treatment, and coping with disease are available.

American Cancer Society (ACS)
1599 Clifton Road, NE
Atlanta, GA 30329

Phone: 1-800-ACS-2345 (227-2345) (toll-free)
404-320-3333
Fax: 404-329-5787
Website: http://www.cancer.org

ACS is a national, community-based volunteer health organization, providing information on cancer and its prevention. The Society sponsors a variety of programs such as Man to Man (education and support for men with prostate cancer) and workshops such as Taking Charge of Money Matters which addresses financial concerns arising from cancer treatment. Local ACS offices sponsor services for cancer patients and their families, including self-help groups, transportation programs, and limited financial aid. Contact the ACS for free publications. Spanish language resources are available.

American Chiropractic Association (ACA)
1701 Clarendon Boulevard
Arlington, VA 22209

Phone: 1-800-986-4636 (toll-free)
703-276-8800
Fax: 703-243-2593
Email: memberinfo@amerchiro.org
Website: http://www.amerchiro.org

ACA is a professional organization of chiropractors. It offers educational programs on spinal problems, posture, physical fitness, and occupational safety. Contact the ACA to buy publications and materials on spinal health and safety. Visit the website to find a chiropractor.

American College of Obstetricians and Gynecologists (ACOG)
409 12th Street, SW
PO Box 96920
Washington, DC 20090-6920

Phone: 202-863-2518
(resource center)
Website: http://www.acog.org

ACOG is a professional society of doctors specializing in women's health care. Contact ACOG for referrals. For free pamphlets on osteoporosis, menopause, and hormone replacement therapy send a self-addressed, stamped envelope.

American College of Physicians–American Society of Internal Medicine (ACP-ASIM)
190 North Independence Mall West
Philadelphia, PA 19106-1572

Phone: 1-800-523-1546 (toll-free)
215-351-2400
Fax: 215-351-2829
Email: interpub@mail.acponline.org
Website: http://www.acponline.org

ACP-ASIM is the nation's largest medical specialty society. Members of ACP-ASIM specialize in a variety of areas such as internal medicine, cardiology, infectious diseases, rheumatology, gastroenterology, and oncology. Contact the ACP-ASIM for referrals. ACP-ASIM produces *Healthscope*, a film series on public health.

American College of Sports Medicine (ACSM)
PO Box 1440
Indianapolis, IN 46206

Phone: 317-637-9200
Fax: 317-634-7817
Website: http://www.acsm.org

ACSM is a scientific and medical association of health professionals interested in exercise. It offers training and certification. ACSM's Active Aging Partnership focuses on education, research, and improving practice for those committed to working with older adults. For free information on exercise for older people, send a self-addressed, stamped envelope.

American College of Surgeons (ACS)
633 North St. Clair Street
Chicago, IL 60611-3211

Phone: 312-202-5000
Fax: 312-202-5001
Website: http://www.facs.org

ACS is a national organization offering educational materials and information about qualified surgeons and surgical treatments for many illnesses and injuries. Contact ACS to locate board-certified surgeons. Public education materials are available on frequently performed types of surgery.

American Council of the Blind (ACB)
1155 15th Street, NW, Suite 1004
Washington, DC 20005

Phone: 1-800-424-8666 (toll-free)
202-467-5081
Fax: 202-467-5085
Email: info@acb.org
Website: http://www.acb.org

ACB is a national organization that advocates for blind and visually impaired people. It provides educational programs, health care services, information about Social Security benefits for visually impaired people, vocational training, and other health and social services. Toll-free information, referrals, and free educational materials are available.

American Counseling Association (ACA)
5999 Stevenson Avenue
Alexandria, VA 22304

Phone: 1-800-347-6647 ext. 222 (toll-free)
703-823-9800
Fax: 703-823-0252
Website: http://www.counseling.org

ACA offers information to older people on adult psychological development and aging. A catalog of publications and videos is available.

American Dental Association (ADA)
211 East Chicago Avenue
Chicago, IL 60611

Phone: 312-440-2593
312-440-2500
Fax: 312-440-2800
Website: http://www.ada.org

ADA is a professional organization that conducts dental research and evaluates findings from dental science for the public. State and local ADA chapters provide referrals to dentists. Publications are available on subjects such as tooth decay, dentures, smoking, diet, and mouth care. Online publications cover topics such as gum disease, finding a dentist, and resolving disputes over treatment.

American Diabetes Association (ADA)
1701 North Beauregard Street
Arlington, VA 22311

Phone: 1-800-DIABETES (342-2383) (toll-free)
703-549-1500
Website: http://www.diabetes.org

ADA provides information and educational materials on preventing, treating, and living with diabetes. The Association has specific outreach programs for minority communities including the Diabetes Assistance and Resources Program, providing information in English and Spanish to the Hispanic community, the African American Program, and Awakening the Spirit, which disseminates diabetes messages to the Native American community. Local ADA chapters offer support and referrals to community agencies and services.

American Dietetic Association (ADA)
216 West Jackson Boulevard
Chicago, IL 60606-6995

Phone: 1-800-366-1655 (toll-free)
(Consumer Nutrition Hotline)
312-899-0040
Fax: 312-899-4899
Website: http://www.eatright.org

ADA is a professional society of registered dieticians and other dietetic professionals who provide nutrition information, education, counseling, and care. One of ADA's professional practice groups focuses on the special needs of older people and offers nutrition counseling and indirect assistance through State and local meal programs. Call ADA to locate a registered dietician.

American Federation for Aging Research (AFAR)
1414 Sixth Avenue, 18th Floor
New York, NY 10019

Phone: 212-752-2327
Fax: 212-832-2298
Email: amfedaging@aol.com
Website: www.afar.org
www.infoaging.org

AFAR is a nonprofit organization dedicated to supporting basic aging research. AFAR funds a wide variety of cutting-edge research on the aging process and age-related diseases. Visit the website for a list of free publications.

American Foundation for the Blind (AFB)
11 Penn Plaza, Suite 300
New York, NY 10001

Phone: 1-800-AFB-LINE (232-5463) (toll-free)
TTY: 212-502-7662
Fax: 212-502-7777
Email: afbinfo@afb.net
Website: http://www.afb.org

A national, nonprofit organization, AFB provides services and support for people who are blind or visually impaired. AFB's Technology Information Bank supports the Talking Books program and provides information and mentoring on technology assistance for people who are blind. Books, pamphlets, videos, and periodicals about blindness are available.

American Foundation for Urologic Diseases (AFUD)
1128 North Charles Street
Baltimore, MD 21201

Phone: 410-468-1800
Fax: 410-468-1808
Email: admin@afud.org
Website: http://www.afud.org
http://www.prostatehealth.com

The Foundation works toward the prevention and cure of urologic disease in part by keeping patients, family members, and friends informed about these disorders, treatment options, and recent research findings. AFUD operates six national health education councils that distribute patient education materials on a variety of urologic topics. A specific website addresses prostate health. Online publications are free; publications are available by mail for a fee.

American Geriatrics Society (AGS)
350 Fifth Avenue
New York, NY 10118

Phone: 212-308-1414
Fax: 212-832-8646
Email: info.amger@americangeriatrics.org
Website: http://www.americangeriatrics.org

AGS is a nonprofit organization of physicians and health care professionals supporting the study of geriatrics. Contact AGS for information on geriatrics, long-term care, acute and chronic illnesses, rehabilitation, and nursing home care. Publications include the *AGS Complete Guide to Aging and Health* and the *AGS Medical Reference Guide*.

American Health Assistance Foundation (AHAF)
15825 Shady Grove Road, Suite 140
Rockville, MD 20850

Phone: 1-800-437-AHAF (437-2423) (toll-free)
301-948-3244
Fax: 301-258-9454
Website: http://www.ahaf.org

AHAF provides information and supports research on age-related illnesses. The Foundation supports three research programs: Alzheimer's Disease (AD) Research (along with the Alzheimer's Family Relief Program) offers emergency grants of up to $500 to AD patients in need and their caregivers, National Glaucoma Research, and the National Heart Foundation. Contact AHAF for free publications on AD, glaucoma, heart disease, and stroke.

American Health Care Association (AHCA)
1201 L Street, NW
Washington, DC 20005

Phone: 202-842-4444
Fax: 202-842-3860
Website: http://www.ahca.org

AHCA is an organization representing the interests of nursing homes, assisted living centers, and subacute care facilities. Publications are available about nursing homes, guardianship, assisted living, financing, and long-term care services.

American Health Foundation (AHF)
1 Dana Road
Valhalla, NY 10595

Phone: 914-592-2600
Fax: 914-592-6317
Website: http://www.ahf.org

AHF is a nonprofit organization conducting research on cancer; preventive medicine; and the effects of lifestyle, environment, and nutrition on health. Contact AHF for information and publications on healthy living, heart disease, cancer, and high cholesterol.

American Heart Association (AHA)
7272 Greenville Avenue
Dallas, TX 75231

Phone: 1-800-AHA-USA1 (242-8721) (toll-free)
1-888-4-STROKE (478-7653) (toll-free)
Fax: 214-706-2139
Website: http://www.americanheart.org

AHA is a nonprofit organization funding research and providing information on the diagnosis, treatment, and prevention of heart diseases and stroke. Contact AHA for its cookbooks, guide to heart attack treatment, and guide to fitness.

American Horticultural Therapy Association (AHTA)
National Office
909 York Street
Denver, CO 80206

Phone: 720-865-3616
Fax: 720-865-3728
Email: ahta@ahta.org
Website: http://www.ahta.org

AHTA is a nonprofit, membership organization that promotes and advances horticultural therapy as a therapeutic intervention and rehabilitation option. The Association provides information related to the principles and practices of horticultural therapy.

American Hospital Association (AHA)
One North Franklin
Chicago, IL 60606

Phone: 312-422-3000
Fax: 312-422-4796
Website: http://www.aha.org

AHA is a national nonprofit association representing all types of hospitals and health care networks, as well as patients and families. AHA provides education for health care leaders and information on health care issues and trends.

American Lung Association (ALA)
1740 Broadway
New York, NY 10019-4374

Phone: 1-800-LUNG-USA (586-4872) (toll-free)
212-315-8700
Fax: 212-265-5642
Email: info@lungusa.org
Website: http://www.lungusa.org

ALA is dedicated to the prevention, cure, and control of lung diseases such as asthma, emphysema, tuberculosis, and lung cancer. The Association offers community service, public health education, advocacy, and research.

American Medical Association (AMA)
515 North State Street
Chicago, IL 60610

Phone: 1-800-621-8335 (toll-free)
312-464-5000
Fax: 312-464-5600
Website: http://www.ama-assn.org

AMA is an organization of licensed doctors that distributes scientific information on health and sets standards on medical law and practice. Local AMA associations can provide referrals to qualified doctors. AMA publishes the *Journal of the American Medical Association*, other subscription medical journals, and books for sale, including an encyclopedia of medicine.

American Medical Directors Association (AMDA)
10480 Little Patuxent Parkway, Suite 760
Columbia, MD 21044

Phone: 1-800-876-2632
410-740-9743
Fax: 410-740-4572
Email: webmaster@amda.com
Website: http://www.amda.com

AMDA is a national professional association representing doctors who care for older people in a variety of long-term care settings, including nursing facilities, hospice, home care, continuing care retirement communities, and assisted living. The Association provides education, advocacy, information, and professional development for long-term care professionals. AMDA has information on health care policy, regulations, and clinical practice guidelines.

American Menopause Foundation (AMF)
350 Fifth Avenue, Suite 2822
New York, NY 10118

Phone: 212-714-2398
Fax: 212-714-1252
Email: menopause@earthlink.org
Website: http://www.americanmenopause.org

The Foundation is a nonprofit health organization providing support and assistance on all issues concerning menopause. AMF has information on scientific research and coordinates a network of volunteer support groups for women.

American Music Therapy Association (AMTA)
8455 Colesville Road, Suite 1000
Silver Spring, MD 20910

Phone: 301-589-3300
Fax: 301-589-5175
Email: info@musictherapy.org
Website: http://www.musictherapy.org

AMTA is a nonprofit organization that advocates, promotes, and provides resources and information on the uses and benefits of music therapy. Contact AMTA for referrals as well as for publications and audiovisual materials.

Did You Know?

MEDLINEplus is a goldmine of up-to-date, quality health care information from the world's largest medical library, the National Library of Medicine. The service provides extensive information about specific diseases and conditions. Visit the website at http://www.nlm.nih.gov/medlineplus/

American Nurses Association (ANA)
600 Maryland Avenue, SW, Suite 100W
Washington, DC 20024-2571

Phone: 1-800-274-4262 (toll-free)
202-554-4444
Fax: 202-651-7001
Email: via Website
Website: http://www.nursingworld.org

ANA, a national association of registered nurses, serves as an advocate for nursing practitioners as well as sponsors research and continuing education. Contact the Association for *Facts About Nursing* and other publications. ANA sets standards for the practice of gerontological nursing.

American Occupational Therapy Association, Inc. (AOTA)
4720 Montgomery Lane
PO Box 31220
Bethesda, MD 20824-1220

Phone: 1-800-729-2682 (toll-free)
(Association members)
301-652-2682
TTY: 1-800-377-8555 (toll-free)
Fax: 301-652-7711
Website: http://www.aota.org

AOTA offers information on the role of occupational therapy in promoting functional independence, preventing disability, and maintaining health. Contact AOTA for referrals to local practitioners and therapy programs. The Association publishes two periodicals, *OT Practice* and the *American Journal of Occupational Therapy*, as well as many books for educators.

American Optometric Association (AOA)
243 North Lindbergh Boulevard
St. Louis, MO 63141

Phone: 1-800-365-2219 (toll-free)
314-991-4100
Fax: 314-991-4101
Website: http://www.aoanet.org

AOA, a national organization of optometrists, evaluates ophthalmic products and sponsors continuing education programs. It offers VISION USA, a free eye-care program for uninsured or low-income older people and their families. Contact AOA for referrals to certified optometrists and for publications such as *Driving Tips for Older Adults*, *Contact Lenses After 40*, and fact sheets on floaters, macular degeneration, and glaucoma.

American Osteopathic Association
142 East Ontario Street
Chicago, IL 60611

Phone: 1-800-621-1773 (toll-free)
Fax: 312-202-8200
Email: info@aoa-net.org
Website: http://www.aoa-net.org

The American Osteopathic Association represents osteopathic physicians (D.O.'s, doctors of osteopathic medicine), promotes public health, encourages scientific research, and is the accrediting agency for all osteopathic medical schools and health care facilities.

American Parkinson's Disease Association (APDA)
1250 Hylan Boulevard, Suite 4B
Staten Island, NY 10305

Phone: 1-800-223-2732 (toll-free)
Fax: 718-981-4399
Email: info@apdaparkinson.org
Website: http://www.apdaparkinson.org

A nonprofit organization, APDA funds research to find a cure for Parkinson's disease. APDA's toll-free line refers callers to local chapters for information on community services, specialists, and treatments. Publications and educational materials are available on Parkinson's disease, speech therapy, exercise, diet, and aids for daily living.

American Pharmaceutical Association (APhA)
2215 Constitution Avenue, NW
Washington, DC 20037-2985

Phone: 1-800-237-2742 (toll-free)
202-628-4410
Fax: 202-783-2351
Email: webmaster@mail.aphanet.org
Website: http://www.aphanet.org
http://www.pharmacyandyou.org
(consumer information site)

APhA is the national society of licensed pharmacists providing public health information and referrals to resources on medicine and public policy. Available publications include *Managing Medicines As You Grow Older*, *National Medical Awareness Test*, and *Self-Medication Awareness Test*.

American Physical Therapy Association (APTA)
1111 North Fairfax Street
Alexandria, VA 22314

Phone: 1-800-999-2782, ext. 3395 (toll-free)
703-684-2782
Fax: 703-706-8578
Website: http://www.apta.org

APTA is an organization of physical therapists providing referrals to APTA geriatric-certified therapists and information on debilitating ailments like arthritis, stroke, scoliosis, and sudden onset of illness. APTA's Section on Geriatrics offers publications on topics such as osteoporosis; incontinence; neck pain; carpal tunnel syndrome; hip, knee, or shoulder care; and what physical therapists can offer older adults.

American Podiatric Medical Association (APMA)
9312 Old Georgetown Road
Bethesda, MD 20814

Phone: 1-800-FOOT-CARE (366-8227)
(toll-free)
301-571-9200
Fax: 301-530-2752
Email: askapma@apma.org
Website: http://www.apma.org

APMA is an association of podiatrists providing services and information on foot problems and foot health. Contact APMA for information on local chapters and referrals to certified podiatrists. Publications on proper foot care and effects of arthritis and diabetes on feet are available.

American Psychiatric Association (APA)
1400 K Street, NW
Washington, DC 20005

Phone: 202-682-6000
Fax: 202-682-6850
Email: apa@psych.org
Website: http://www.psych.org

APA is an association of psychiatrists, physicians specializing in diagnosing and treating people with mental and emotional disorders. Its Council on Aging establishes standards for psychiatric care of older people. Contact the APA for information on elder care issues, including medication use by older people, treatment of Alzheimer's disease, and nursing homes. Contact APA for referrals to local psychiatrists.

American Psychological Association (APA)
750 First Street, NE
Washington, DC 20002-4242

Phone: 1-800-374-2721 (toll-free)
202-336-5500
Email: webmaster@apa.org
Website: http://www.apa.org

APA is a professional society of psychologists that provides assistance and information on mental, emotional, and behavioral disorders. Contact the APA for a list of State chapters, information on the psychosocial aspects of aging, and referrals to APA- member psychologists. The APA's section on older people produces publications on topics such as dementia and dementia research. Publications include a quarterly subscription magazine, *Psychology and Aging*.

American Red Cross
430 17th Street, NW
Washington, DC 20006

Phone: 1-800-HELP-NOW (435-7669) (toll-free) (donations only)
202-639-3269
Fax: 202-639-3520
Email: info@usa.redcross.org
Website: http://www.redcross.org

The Red Cross offers health information programs, health services, blood donation services, disaster relief, and emergency services to the public and the Armed Forces. Local chapters provide programs for older people, including retirement planning, crime prevention instruction, safety courses, health screening clinics, and home nurse care instruction. Publications about programs, information, and services are available.

American Society on Aging (ASA)
833 Market Street, Suite 511
San Francisco, CA 94103

Phone: 1-800-537-9728 (toll-free)
415-974-9600
Fax: 415-974-0300
Email: info@asaging.org
Website: http://www.asaging.org

ASA is a nonprofit organization providing information about medical and social practice, research, and policy pertinent to the health of older people. Membership and subscriptions to *Generations*, a quarterly journal, and *Aging Today*, the Society's bimonthly news magazine, are available to the public. A catalog of books for sale and other educational materials is available on the website.

American Speech-Language-Hearing Association (ASHA)
10801 Rockville Pike
Rockville, MD 20852

Phone: 1-800-498-2071 (toll-free)
(ASHA Action Center)
1-800-638-8255 (toll-free)
TTY: 1-800-638-8255 (toll-free)
301-897-0157
Fax: 877-541-5035
Email: actioncenter@asha.org
Website: http://www.asha.org

ASHA represents the interests of medical specialists in speech, language, and hearing science and advocates for people with communication-related disorders. Contact ASHA's toll-free telephone line for information on speech-language legislation, communication disorders, or referrals to specialists. ASHA produces publications and fact sheets on topics such as communication disorders and hearing aids.

American Stroke Association (ASA)
c/o American Heart Association
7272 Greenville Avenue
Dallas, TX 75231

Phone: 1-888-4STROKE (478-7653)
(toll-free)
Fax: 214-706-5231
Email: strokeassociation@heart.org
Website: http://www.strokeassociation.org

ASA, a division of the American Heart Association, provides the Stroke Family Warmline, a toll-free information and referral service offering lists of certified doctors who are stroke specialists and volunteer stroke survivors or family members. Callers receive support and can request free information. ASA publishes *Stroke Connection*, a priced subscription magazine for survivors and families.

American Tinnitus Association (ATA)
PO Box 5
Portland, OR 97207

Phone: 1-800-634-8978 (toll-free)
503-248-9985
Fax: 503-248-0024
Email: tinnitus@ata.org
Website: http://www.ata.org

ATA is a volunteer organization supporting research and providing information on tinnitus, a constant buzzing or ringing in the ears or head. ATA sponsors self-help groups nationwide each offering information, assistance, and referrals to community services and tinnitus specialists.

Arthritis Foundation (AF)
National Office
1330 West Peachtree Street
Atlanta, GA 30309

Phone: 1-800-283-7800 (toll-free)
404-965-7537
Fax: 404-872-0457
Email: help@arthritis.org
Website: http://www.arthritis.org

AF is a nonprofit, volunteer organization focusing on research and information to cure, prevent, or better treat arthritis and related diseases. Contact AF for information on arthritis, related diseases (such as lupus erythmatosus and rheumatism), and referrals to local chapters, specialists, or support groups. Publications and videos are available on topics such as self-help and exercise therapy.

Assisted Living Federation of America (ALFA)
11200 Waples Mill Road, Suite 150
Fairfax, VA 22030

Phone: 703-691-8100
Fax: 703-691-8106
Website: http://www.alfa.org

ALFA represents for-profit and nonprofit providers of assisted living, continuing care retirement communities, independent living, and other forms of housing and services. The Federation works to advance the assisted living industry and enhance the quality of life for consumers.

Association for Gerontology in Higher Education (AGHE)
1030 15th Street, NW, Suite 240
Washington, DC 20005-1503

Phone: 202-289-9806
Fax: 202-289-9824
Email: aghetemp@aghe.org
Website: www.aghe.org

AGHE's members are organizations and institutions of higher education. Through conferences, publications, technical assistance, research studies, and consultation with policymakers, AGHE, an educational unit of the Gerontological Society of America, seeks to advance gerontology as a field of study at institutions of higher education.

Better Hearing Institute
5021-B Backlick Road
Annandale, VA 22003

Phone: 1-800-EAR-WELL (327-9355) (toll-free) (Hearing Helpline)
703-684-3391
Fax: 703-684-6048
Email: mail@betterhearing.org
Website: http://www.betterhearing.org

The Institute is a nonprofit, educational organization providing information on medical, surgical, and rehabilitation options for improving hearing loss and on hearing aids. Contact the Institute's Hearing Helpline for facts on hearing loss and a list of publications.

Better Vision Institute (BVI)
1655 North Fort Myer Drive
Arlington, VA 22209

Phone: 1-800-424-8422 (toll-free)
703-243-1508
Fax: 703-243-1537
Website: http://www.visionsite.org

BVI provides news and information on vision health and care. Contact the Institute for facts on the detection, treatment, and prevention of eye diseases. Publications include fact sheets on cataracts, nutrition, care of eyeglasses, diabetes, and vision care.

Did You Know?

CHID (Combined Health Information Database), is a cooperative effort among several Federal Government agencies. Use it to find consumer information and educational resources on a wide variety of health-related topics. Check out CHID online at http://www.chid.nih.gov/.

Beverly Foundation
44 South Mentor Avenue
Pasadena, CA 91106

Phone: 626-792-2292
Fax: 626-792-6117
Email: bf3@ix.netcom.com
Website: http://www.beverlyfoundation.org

The Foundation focuses on mobility and transportation for older people within the community, service delivery within home and institutional settings, and overall life enrichment. It engages in research and education projects and provides information for professionals and caregivers.

B'nai B'rith
1640 Rhode Island Avenue, NW
Washington, DC 20036

Phone: 1-800-500-6533 (toll-free)
202-857-6600
Fax: 202-857-1099
Email: seniors@bnaibrith.org
Website: http://www.bnaibrith.org

B'nai B'rith is the world's oldest and largest Jewish service organization, providing community service, education, and advocacy. Its Center for Senior Housing and Services sponsors housing and travel for senior citizens. A list of publications is available.

Brookdale Center on Aging (BCOA)
of Hunter College
1114 Avenue of the Americas
40th Floor
New York, NY 10036

Phone: 646-366-1000
Fax: 212-481-5069
Email: info@brookdale.org
Website: http://www.brookdale.org

BCOA sponsors a variety of programs including the Institute on Law and Rights of Older Adults which fights for grandparent rights. Other programs focus on elder care services, guardianship, caregiving, Medicare, intergenerational activities, and Alzheimer's disease. Contact BCOA about publications (some available in Spanish) including *Senior Rights Reporter*, *Benefits Checklist for Seniors*, *Help for Seniors*, and *Help for Grandparent Caregivers*, which are for sale.

Captioned Media Program (CMP)
National Association of the Deaf (NAD)
1447 East Main Street
Spartanburg, SC 29307

Phone: 1-800-237-6213 (toll-free)
TTY: 1-800-237-6819 (toll-free)
Fax: 1-800-538-5636
Email: info@cfv.org
Website: http://www.cfv.org

CMP is a free video lending program funded by the Department of Education and administered by NAD. CMP provides open-captioned videos (i.e., they display English text with any TV/VCR). Videos are available for deaf or hard of hearing Americans, their parents, families, teachers, counselors, interpreters, or others. CMP has a wide variety of videos ranging from travel to classic movies; from sign language to hobbies.

Catholic Charities USA (CCUSA)
1731 King Street, Suite 200
Alexandria, VA 22314

Phone: 703-549-1390
Fax: 703-549-1656
Website: http://www.catholiccharitiesusa.org

CCUSA is a network of organizations offering nationwide services to older people, including counseling, homemaker and caregiver services, emergency assistance, group homes, and institutional care. CCUSA advocates for older people's Social Security benefits, employment opportunities, and housing. Publications describe Catholic Charities' programs for older people.

Catholic Golden Age (CGA)
National Headquarters
PO Box 249
Olyphant, PA 18447

Phone: 1-800-836-5699 (toll-free)
Fax: 570-586-7721
Email: info@catholicgoldenage.org
Website: http://www.catholicgoldenage.org

CGA sponsors charitable work and helps older people meet their social, physical, economic, intellectual, and spiritual needs. Contact CGA for various group insurance plans, discounts on eyeglasses, prescription drugs, and travel. Local CGA chapters provide activities for members, including disease prevention and health promotion programs.

Census Bureau
Special Populations Branch
FB3 Room 2384
Washington, DC 20233

Phone: 301-457-2378
Fax: 301-457-6634
Website: http://www.census.gov

The Census Bureau, part of the Federal Government, collects and provides timely, relevant, and quality data about the people and economy of the US. Contact the Census Bureau for age-related data and statistics about older populations in the US.

The Center for Social Gerontology (TCSG)
2307 Shelby Avenue
Ann Arbor, MI 48103

Phone: 734-665-1126
Fax: 734-665-2071
Email: tcsg@tcsg.org
Website: http://www.tcsg.org

TCSG is a nonprofit research, training, and social policy organization. Particular attention is focused on law and aging, tobacco use and older people, guardianship service providers, and adult guardianship. Contact the Center for information on publications, videos, training, and technical assistance.

Did You Know?

The Department of Energy's website has facts about Internet hoaxes. Visit the website for the latest information on hoaxes–how to recognize them and what to do about them. Go to http://hoaxbusters.ciac.org/.

Center for the Advancement of State Community Services Programs (CASCSP)
National Association of State Units on Aging (NASUA)
1225 I Street, NW, Suite 725
Washington, DC 20005

Phone: 202-898-2578
Fax: 202-898-2583
Email: info@nasua.org
Website: http://www.nasua.org

The Center, part of NASUA, provides information and support for community-based care for older people. The Center also helps State and Area Agencies on Aging design, develop, and manage these care systems and develop State policies. A list of publications and materials on long-term and community-based care is available.

Center for the Study of Aging/International Association of Physical Activity, Aging and Sports (IAPAAS)
706 Madison Avenue
Albany, NY 12208-3604

Phone: 518-465-6927
Fax: 518-462-1339
Email: iapaas@acl.com

The Center is a free-standing, nonprofit organization promoting research, education, and training in the field of aging. IAPAAS is the Center's membership division. It organizes programs on health, fitness, prevention, and aging. Contact the Center for a list of publications and information about the quarterly newsletter, *Lifelong Health and Fitness*.

Centers for Disease Control and Prevention (CDC)
1600 Clifton Road
Atlanta, GA 30333

Phone: 1-800-311-3435 (toll-free)
404-639-3311
TTY: 1-800-255-0135 (toll-free)
Fax: 404-639-7392
Email: netinfo@cdc.gov
Website: http://www.cdc.gov

The CDC, part of the Federal Government, is the lead agency for protecting the health and safety of people at home or abroad. The CDC produces fact sheets that help people make informed decisions about their health and health care. Contact the CDC for public information, health statistics, funding opportunities, and prevention guidelines. Spanish language resources are available.

Children of Aging Parents (CAPS)
1609 Woodbourne Road, Suite 302A
Levittown, PA 19057

Phone: 1-800-227-7294 (toll-free)
215-945-6900
Fax: 215-945-8720
Website: http://www.caps4caregivers.org

CAPS is a nonprofit organization that provides support services to caregivers of older people. It serves as a clearinghouse for information on elder care resources and issues, including Instant Aging workshops to help communities understand the needs of older people. Send a self-addressed, stamped envelope to receive publications on aging or information about support groups.

Clearinghouse on Abuse and Neglect of the Elderly (CANE)
University of Delaware
College of Human Services, Education and Public Policy
Department of Consumer Studies
Newark, DE 19716

Phone: 302-831-3525
Fax: 302-831-6081
Website: http://www.elderabusecenter.org/clearing/index.html

CANE, funded by the Administration on Aging, is a database of elder abuse materials and resources operated by the University of Delaware's National Center on Elder Abuse (NCEA). CANE staff will conduct customized information searches and provide resources and referrals to elder abuse support groups. *NCEA Exchange*, CANE's newsletter, is available free.

Community Transportation Association of America (CTAA)
1341 G Street, NW, 10th Floor
Washington, DC 20005

Phone: 202-628-1480
Fax: 202-737-9197
Website: http://www.ctaa.org

CTAA is a national association committed to removing barriers to isolation and improving mobility for all people. It offers educational programs and advocates making community transportation available, affordable, and accessible. CTAA provides information on transportation in medical emergencies and van conversions.

Continuing Care Accreditation Commission (CCAC)
2519 Connecticut Avenue, NW
Washington, DC 20008-1520

Phone: 202-508-9459
Fax: 202-220-0022
Email: afinnega@ccaconline.org
Website: http://www.ccaconline.org

CCAC helps consumers identify quality retirement options. CCAC also accredits aging services that meet or exceed industry-generated standards of excellence in three areas: governance and administration; financial resources and disclosure; and resident life, health, and wellness.

Corporation for National Service (CNS)
1201 New York Avenue, NW
Washington, DC 20525

Phone: 1-800-424-8867 (toll-free)
202-606-5000
TTY: 1-800-833-3722 (toll-free)
Fax: 202-565-2794
Email: acinfo@infosystec.com
Website: http://www.nationalservice.org

CNS oversees volunteer community enhancement programs including: the National Senior Services Corps (a network of Federally-supported programs helping older people get involved in community service); the Foster Grandparent Program (encouraging older people to work with children with special needs); and the Senior Companion Program (volunteers assisting older people with special needs in hospitals, social service agencies, or home health care agencies). Contact CNS for pamphlets, brochures, fact sheets, and program handbooks.

Council of Better Business Bureaus (CBBB)
4200 Wilson Boulevard, Suite 800
Arlington, VA 22203

Phone: 703-276-0100
Fax: 703-525-8277
Website: http://www.bbb.org

CBBB is a national organization promoting ethical practices between business and the public. Local BBBs can offer consumers help resolving complaints against companies. Publications include the *Tips On* series and booklets with advice on how to make wise buying decisions on a broad range of products and services.

The Dana Alliance for Brain Initiatives
745 Fifth Avenue, Suite 700
New York, NY 10151

Phone: 212-223-4040
Fax: 212-593-7623
Email: dabiinfo@danany.dana.org
Website: http://www.dana.org

The Dana Alliance promotes public education about brain research. The Alliance links the public, press, and policymakers with experts and resources in the field of neuroscience. It also hosts conferences on the brain and brain diseases. Contact the Dana Alliance for publications on brain research and diagnosis and treatment of brain disorders.

Delta Society
289 Perimeter Road East
Renton, WA 98055-1329

Phone: 425-226-7357
Fax: 425-235-1076
Email: info@deltasociety.org
Website: http://www.deltasociety.org

The Delta Society is a national, nonprofit organization whose mission is improving human health through service and therapy animals. Its program Pet Partners brings volunteers and their pets to nursing homes, hospitals, and schools. The Society website has information and resources about the human-animal-health connection.

Department of Justice (DOJ)
950 Pennsylvania Avenue, NW
Washington, DC 20530-0001

Phone: 202-514-2000
TTY: 202-514-0716
Email: ASKDOJ@usdoj.gov
Website: http://www.usdoj.gov/

DOJ, part of the Federal Government, works to protect older Americans in a variety of ways, including the Nursing Home Initiative and elder justice efforts to prosecute institutions whose wrongdoing results in harm or death for residents. DOJ prosecutes health care and consumer fraud and enforces civil rights addressing discrimination against older people. Publications and statistics on victimization of older people are available.

Department of Labor (DOL)
Office of Public Affairs
Room S1032
200 Constitution Avenue, NW
Washington, DC 20210

Phone: 202-693-4650
Fax: 202-693-4674
Website: http://www.dol.gov

DOL, part of the Federal Government, protects workers' rights. Contact DOL for information and assistance on pensions, employment, wages, discrimination, and occupational safety. The Senior Community Service Employment Program helps low-income older people through part-time employment and job training. The website includes links to information for employers, employees, and job seekers.

Department of Transportation (DOT)
National Highway Traffic Safety Administration (NHTSA) Information
400 Seventh Street, SW
Washington, DC 20590

Phone: 1-888-327-4236 (toll-free)
202-366-0123
TTY: 1-800-424-9153 (toll-free)
202-366-7800
Website: http://www.nhtsa.dot.gov/

The NHTSA is responsible for reducing deaths, injuries, and economic losses resulting from car accidents. It sets standards, investigates safety defects, and conducts research on driver behavior. Contact NHTSA for information on older drivers.

Department of Veterans Affairs (VA)
Office of Public Affairs
810 Vermont Avenue, NW
Washington, DC 20420

Phone: 1-800-827-1000 (toll-free)
TTY: 1-800-829-4833 (toll-free)
Website: http://www.va.gov

The VA, part of the Federal Government, provides benefits for eligible veterans and their families in outpatient clinics, medical centers, and nursing homes across the US. Contact the VA for information and publications on service locations and benefits, including comprehensive medical and dental care, other insurance benefits, vocational rehabilitation compensation, and pension.

DES Action
610 16th Street, Suite 301
Oakland, CA 94612

Phone: 1-800-DES-9288 (337-9288) (toll-free)
510-465-4011
Fax: 510-465-4815
Email: desaction@earthlink.net
Website: http://www.desaction.org

DES Action is a nonprofit organization providing information about the risks of exposure to diethylstilbestrol (DES), a hormone prescribed for pregnant women from the 1940s through 1971 that caused health problems in mothers and their children. Contact DES Action for referrals to specialists familiar with medical complications resulting from DES use. Free publications on the risks of DES are available.

Disabled American Veterans (DAV)
807 Maine Avenue, SW
Washington, DC 20024

Phone: 202-554-3501
TTY: 202-863-4414
Fax: 202-554-3581
Website: http://www.dav.org

DAV is a nonprofit organization representing disabled veterans and providing volunteer services and programs. DAV offers veterans job search training and help seeking their disability compensation and pension benefits. A list of free publications is available.

Elder Craftsmen (EC)
610 Lexington Avenue
New York, NY 10022

Phone: 212-319-8128
Fax: 212-319-8141
Email: eldercraftsmen@mindspring.com
Website: http://www.eldercraftsmen.org

EC offers programs and services that promote the skills and creativity of older people. Training programs are available for many crafts. Intergenerational programs, community service programs, and artist-in-residence are also offered.

Eldercare Initiative in Consumer Law (EICL)
National Consumer Law Center, Inc. (NCLC)
18 Tremont Street, Suite 400
Boston, MA 02108

Phone: 617-523-8010
Fax: 617-523-7398
Email: aoa@nclc.org
Website: http://www.consumerlaw.org

The Initiative provides assistance on legal issues of older people. The EICL conducts regional and national workshops focusing on aging issues, including threats to loss of shelter and financial exploitation. Contact the Initiative for publications and references.

Eldercare Locator

Phone: 1-800-677-1116 (toll-free)
Fax: 202-296-8134
Website: **http://www.eldercare.gov**

The Eldercare Locator is a nationwide, directory assistance service helping older people and their caregivers locate local support and resources for older Americans. It is funded by the Administration on Aging.

Elderhostel
11 Avenue de Lafayette
Boston, MA 02111-1746

Phone: 1-877-426-8056 (toll-free)
617-426-7788
TTY: 1-877-426-2167 (toll-free)
Fax: 1-877-426-2166 (toll-free)
Email: registration@elderhostel.org
Website: http://www.elderhostel.org

Elderhostel is a nonprofit organization providing educational travel programs to people over age 55. Their catalog, published 10 times a year, lists thousands of national and international programs.

Elderweb
1305 Chadwick Drive
Normal, IL 61761

Phone: 309-451-3319
Fax: 866-422-8995
Email: ksb@elderweb.com
Website: http://www.elderweb.com

Elderweb is a research website for older people, professionals, and families seeking information on elder care and long-term care. Visit Elderweb for news and information on legal, financial, medical, and housing issues for older people and links to other websites.

Environmental Protection Agency (EPA)
Public Information Center (PIC)
401 M Street, SW
Washington, DC 20460

Phone: 1-800-490-9198 (toll-free) (publications)
202-260-5922
Fax: 202-260-5153
Email: library-hq@epamail.epa.gov
Website: http://www.epa.gov

EPA, part of the Federal Government, is responsible for controlling environmental pollution. The PIC provides non-technical information about environmental issues such as clean air, clean water, pesticides, radon, and pollution. EPA's website has links to other health and environment-related websites. The toll-free number offers printed and audiovisual information on environmental issues.

Epilepsy Foundation
4351 Garden City Drive
Landover, MD 20785

Phone: 1-800-332-1000 (toll-free)
1-800-332-4050 (toll-free) (National Epilepsy Library)
301-459-3700
Fax: 301-577-2684
Email: postmaster@epilepsyfoundation.org
Website: http://www.epilepsyfoundation.org

The Foundation is a national volunteer health organization supporting research, education, advocacy, and services for people with seizure disorders. Contact the Foundation for a list of local chapters, referrals to local specialists, support groups, travel assistance, respite care, and employment assistance. Videos and a catalog of publications are available.

Equal Employment Opportunity Commission (EEOC)
1801 L Street, NW
Washington, DC 20507

Phone: 1-800-669-3362 (toll-free) (publications)
202-663-4900 (headquarters)
TTY: 1-800-800-3302 (toll-free) (publications)
202-663-4494 (headquarters)
Website: http://www.eeoc.gov

The EEOC, part of the Federal Government, promotes equal opportunity in employment. It enforces the Age Discrimination in Employment Act (ADEA), conducts investigations, makes determinations, and effects reconciliations in age discrimination actions. Contact EEOC for information and referrals.

Federal Consumer Information Center (FCIC)
PO Box 100
Pueblo, CO 81009

Phone: 1-888-878-3256 (toll-free)
1-800-688-9889 (toll-free)
(National Contact Center)
TTY: 1-800-326-2996 (toll-free)
1-800-326-2996 (toll-free)
(National Contact Center)
Fax: 719-948-9724
Website: http://www.pueblo.gsa.gov/

FCIC, part of the Federal Government, distributes a wide range of consumer-oriented publications from many Federal agencies. The Consumer Information Catalog lists more than 200 publications on topics ranging from health and housing to money management and nutrition. The National Contact Center answers questions and provides referral information on Federal programs, benefits, and services.

Federal Trade Commission (FTC)
600 Pennsylvania Avenue, NW
Washington, DC 20580

Phone: 1-877-FTC-HELP (382-4357) (toll-free)
202-326-2222
(General Information Locator)
TTY: 202-326-2502
Email: webmaster@ftc.gov
Website: http://www.ftc.gov

FTC, part of the Federal Government, regulates trade and protects consumers from unfair and deceptive business practices. Its consumer protection programs include truth in advertising, packaging and labeling of products, product reliability, direct mail advertising, and nursing home business practices. Publications are available on refinancing a home, collecting a debt, buying a used car, and finding out credit history.

Food and Drug Administration (FDA)
HFE88
5600 Fishers Lane
Rockville, MD 20857

Phone: 1-888-INFO-FDA (463-6332)
(toll-free)
1-888-723-3366 (toll-free)
(Food Information Line)
1-800-822-7967 (toll-free) (Vaccine Adverse Event Reporting System)
1-800-838-7715 (toll-free)
(Mammography Information Service)
Website: http://www.fda.gov

FDA, part of the Federal Government, regulates the safety and effectiveness of food products, additives, drugs, medical devices, and cosmetics. Contact FDA for information on safe drug use and side effects, vitamins, and laws regulating medicines and foods. FDA has information on topics including cancer, health fraud, nutrition, buying medicines online, and food safety.

Food and Nutrition Information Center (FNIC)
Department of Agriculture
Agricultural Research Service/National Agriculture Library
10301 Baltimore Avenue, Room 304
Beltsville, MD 20705-2351

Phone: 301-504-5719
TTY: 301-504-6856
Fax: 301-504-6409
Email: fnic@nal.usda.gov
Website: http://www.nal.usda.gov/fnic

FNIC, part of the Federal Government, provides information, publications, and audiovisual materials on nutrition. Resource guides on nutrition and older people, heart disease, diabetes, vegetarianism, food safety, and food labeling are available.

Foundation for Biomedical Research (FBR)
818 Connecticut Avenue, NW, Suite 200
Washington, DC 20006

Phone: 202-457-0654
Fax: 202-457-0659
Email: info@fbresearch.org
Website: http://www.fbresearch.org

FBR is a national organization advocating the ethical use of animals in scientific and medical research. Contact the Foundation for information and publications on how animal research helps scientists understand human health and aging.

John Douglas French Alzheimer's Foundation
11620 Wilshire Boulevard, Suite 270
Los Angeles, CA 90025

Phone: 1-800-477-2243 (toll-free)
310-445-4650
Fax: 310-479-0516
Website: http://www.jdfaf.org

The Foundation funds scientific research into the causes and cure for Alzheimer's disease. Contact the Foundation for the free publication *Caring for a Person with Memory Loss and Confusion*.

Generations Online
108 Ralston House
3615 Chestnut Street
Philadelphia, PA 19104

Phone: 215-222-6400
Fax: 215-222-6401
Website: http://www.generationsonline.com

Generations Online is a nonprofit website offering resources for older people unfamiliar with computers or the Internet. Generations Online provides self-training software for senior centers, libraries, retirement homes, and other locations for a one-time fee. The program is free for seniors. Its feature, Memories, links older people with school children for cultural, experiential, and personal exchanges on aging.

Generations Together (GT)
University Center for Social and Urban Research
University of Pittsburgh
121 University Place, Suite 300
Pittsburgh, PA 15260-5907

Phone: 412-648-7150
Fax: 412-648-7446
Email: sharris@pitt.edu
Website: http://www.pitt.edu/~gti/

GT promotes mutually beneficial interaction between young and old through community outreach, education, research, and dissemination of knowledge. GT develops, supports, and studies intergenerational programs and related issues and sponsors the annual International Intergenerational Training Institute, which furthers collaboration between generations in workshops and resource development. Contact GT for a catalog of publications.

Gerontological Society of America (GSA)
1030 15th Street, NW, Suite 250
Washington, DC 20005-1503

Phone: 202-842-1275
Fax: 202-842-1150
Email: geron@geron.org
Website: http://www.geron.org

GSA is a professional organization providing information, advocacy, and support for research into the study of aging. GSA has a database of information on biological and social aspects of aging, links to aging information resources, and referrals to researchers and specialists in gerontology. GSA distributes publications on a variety of aging-related topics.

Glaucoma Research Foundation (GRF)
200 Pine Street, Suite 200
San Francisco, CA 94104

Phone: 1-800-826-6693 (toll-free)
415-986-3162
Fax: 415-986-3763
Email: info@glaucoma.org
Website: http://www.glaucoma.org

GRF is a national, nonprofit organization providing information and advocacy for people with glaucoma. Contact GRF for information on the causes, diagnosis, treatment, and prevention of glaucoma, referrals to specialists, and coping strategies for patients. Publications include the quarterly newsletter, *Gleams*, and a glaucoma patient guide.

Gray Panthers (GP)
733 15th Street, NW, Suite 437
Washington, DC 20005

Phone: 1-800-280-5362 (toll-free)
202-737-6637
Fax: 202-737-1160
Email: info@graypanthers.org
Website: http://www.graypanthers.org

Gray Panthers is a national advocacy organization of activists concentrating on social and economic issues. Local chapters organize intergenerational groups to address issues including universal health care, Medicare, preserving Social Security, affordable housing, and discrimination. Contact the national office for referrals to chapters, information on issues, links to resources for older people, and a list of publications.

Experience Works [Green Thumb, Inc. (GT)]
2000 North 14th Street, Suite 800
Arlington, VA 22201

Phone: 703-522-7272
Fax: 703-522-0141
Website: http://www.experienceworks.org/

GT is a national, nonprofit organization helping older, low-income workers train for and find work, particularly in rural areas. GT's Senior Community Service Employment Program, funded by the Department of Labor, provides training, work experience, educational opportunities, and placement in community service jobs. The Geezer.com website has information to help seniors supplement their income, launch new businesses, and market their handcrafted goods. Contact GT for a fact sheet and list of publications.

Health Care Financing Administration* (HCFA)
7500 Security Boulevard
Baltimore, MD 21244

Phone: 1-800-MEDICARE (633-4227) (toll-free)
(Medicare hotline)
410-786-3000
Fax: 202-690-7675
Website: http://www.hcfa.gov
http://www.medicare.gov
(Medicare information)

HCFA, part of the Federal Government, administers health insurance through Medicare and Medicaid. HCFA regulates hospitals, nursing homes, and home health agencies. Contact HCFA for *The Medicare Handbook* and other publications on related topics.

* Recent name change:
The Centers for Medicare and Medicaid Services

Health Insurance Association of America (HIAA)
1201 F Street, NW, 5th Floor
Washington, DC 20004

Phone: 202-824-1600
202-824-1849
(publications information)
Fax: 202-824-1722
Website: http://www.hiaa.org

HIAA is a trade association representing the interests of the privately-insured health care system. Contact HIAA for insurance information on health, long-term care, dental, disability, and supplemental coverage. HIAA also provides information and publications on health care issues, including continuation of group health benefits, major medical, and Medicare supplements.

Hill-Burton Free Medical Care Program
Health Resources and Services Administration (HRSA)
Department of Health and Human Services
Division of Facilities Compliance and Recovery
5600 Fishers Lane, Room 10C-16
Rockville, MD 20857

Phone: 1-800-638-0742 (toll-free)
1-800-492-0359 (toll-free)
(Maryland residents)
301-443-5656
Fax: 301-443-0619
Email: webmaster@hrsa.gov
Website: http://www.hrsa.gov/osp/dfcr

Hospitals and other health care facilities receive Federal funds for construction or modernization under the Hill-Burton program. In return, these facilities provide a specific amount of free or below cost health care services to eligible people. Contact the program for a list of participating facilities as well as information on eligibility.

HIV/AIDS Treatment Information Service (ATIS)
PO Box 6303
Rockville, MD 20849-6303

Phone: 1-800-HIV-0440 (448-0440) (toll-free)
(English, Spanish, Portuguese)
301-519-0459
TTY: 1-888-480-3739 (toll-free)
Fax: 301-519-6616
Email: atis@hivatis.org
Website: http://www.hivatis.org

ATIS, sponsored by the Federal Government, provides current treatment information on HIV and AIDS as well as answering HIV/AIDS-related questions. Referrals to national, State, and local organizations are provided. All information is free and confidential.

Huntington's Disease Society of America (HDSA)
158 West 29th Street, 7th Floor
New York, NY 10001-5300

Phone: 1-800-345-HDSA (4372) (toll-free)
212-242-1968, Ext.10
Fax: 212-239-3430
Email: hdsainfo@hdsa.org
Website: http://www.hdsa.org

The Society is a nonprofit organization providing information, services, and advocacy for people with Huntington's disease (HD) and their families. Contact HDSA for research information on causes, diagnosis, and treatment of HD as well as referrals to testing centers, specialists, self-help groups, and social services. Publications and audiovisual materials on HD are available.

Hysterectomy Educational Resources and Services Foundation (HERS)
422 Bryn Mawr Avenue
Bala Cynwyd, PA 19004

Phone: 610-667-7757
Fax: 610-667-8096
Email: HERSFdn@aol.com
Website: http://www.hersfoundation.com

HERS Foundation is a nonprofit organization providing information on hysterectomy (surgical removal of the uterus) and oophorectomy (removal of the ovaries). Contact HERS for telephone counseling and support services. A lending library contains medical literature on topics such as fibroids, hyperplasia, and ovarian conditions. A list of publications is available.

Indian Health Service (IHS)
Parklawn Bldg., Room 6-35
5600 Fishers Lane
Rockville, MD 20857

Phone: 301-443-3593
Fax: 301-443-0507
Website: http://www.ihs.gov

The IHS, part of the Federal Government, operates a comprehensive health service program for American Indians and Alaska Natives. Services include hospital and community-based medical care, rehabilitation, and disease prevention. The IHS strives for maximum tribal involvement in all aspects of its services.

International Hearing Society (IHS)
16880 Middlebelt Road, Suite 4
Livonia, MI 48154

Phone: 1-800-521-5247 (toll-free)
(Hearing Aid Helpline)
734-522-7200
(outside the US and Canada)
Fax: 734-522-0200
Website: http://www.hearingihs.org

IHS is a professional organization providing assistance to consumers in locating a hearing aid specialist, support, and repair services. The Hearing Aid Helpline offers information and publications on how hearing works, types of hearing loss, and design and use of hearing instruments.

International Tremor Foundation (ITF)
7046 West 105th Street
Overland Park, KS 66212-1803

Phone: 913-341-3880
Fax: 913-341-1296
Email: UPF_ITF@msn.com
Website: http://www.essentialtremor.org

ITF is an international, nonprofit organization providing support, information on medication use and surgical treatment, research, and other resources for people diagnosed with essential tremor. Contact ITF for referrals to medical specialists, a list of support groups by State, and information on more than 20 tremor disorders. Members may write or call for background literature and answers to specific questions.

Japanese American Citizens League (JACL)
National Headquarters
1765 Sutter Street
San Francisco, CA 94115

Phone: 415-921-5225
Fax: 415-931-4671
Email: jacl@jacl.org
Website: http://www.jacl.org

JACL is a nonprofit educational organization fighting discrimination against Japanese Americans and their families by providing information, education, and advocacy. Contact JACL for assistance to retired people and information on programs on equal rights, racial violence, immigration, and fair employment. *Pacific Citizen*, a weekly newspaper, and other publications are available.

Kansas Geriatric Education Center (KS-GEC)
Center on Aging
University of Kansas Medical Center
3901 Rainbow Boulevard
Kansas City, KS 66160-7177

Phone: 913-588-1636
Fax: 913-588-3179
Email: hcallowa@kumc.edu
Website: http://coa.kumc.edu/gec

KS-GEC provides information and support for developing community-based, long-term care for rural older people. The Center works closely with State and Area Agencies on Aging. Contact the Center for a list of publications.

Legal Counsel for the Elderly (LCE)
American Association of Retired Persons (AARP)
601 E Street, NW
Washington, DC 20049

Phone: 202-434-2120
TTY: 202-434-6562
Fax: 202-434-6464
Website: http://www.aarp.org

LCE, part of AARP, works to expand the availability of legal services to older people and to enhance the quality of those services. The National Volunteer Lawyers Project matches legal cases affecting large numbers of older people with volunteer law firms. The Senior Lawyers Project tests ways retired lawyers can provide free legal services to older people in need. The National Elderlaw Studies Program provides individual home study courses as well as a paralegal certificate from the Department of Agriculture Graduate School. Publications are available.

Legal Services for the Elderly (LSE)
130 West 42nd Street, 17th Floor
New York, NY 10036

Phone: 212-391-0120
Fax: 212-719-1939
Email: hn4923@handsnet.org

LSE is an advisory center for lawyers specializing in legal problems of older people. While LSE does not provide direct services to clients, staff lawyers offer advice and write memoranda and briefs to lawyers who serve older clients on issues including Medicaid, Medicare, Social Security, disability, voluntary and involuntary commitment, age discrimination, pensions, rent-increase exemptions for older people, and nursing home care. A list of publications is available.

Leukemia and Lymphoma Society, Inc. (LLS)
1311 Mamaroneck Avenue
White Plains, NY 10605

Phone: 1-800-955-4572 (toll-free)
914-949-5213
Fax: 914-949-6691
Email: infocenter@leukemia-lymphoma.org
Website: http://www.leukemia.org

LLS provides information, advocacy, and assistance for patients with leukemia and related cancers such as lymphoma, multiple myeloma, and Hodgkin's disease. Contact LLS for information, referrals to specialists and local chapters offering financial assistance to patients with leukemia, and support groups. Publications on leukemia and related cancers are available.

Lighthouse National Center for Vision and Aging (LNCVA)
111 East 59th Street
New York, NY 10022

Phone: 1-800-829-0500 (toll-free)
212-821-9495
TTY: 212-821-9713
Fax: 212-821-9705
Email: info@lighthouse.org
Website: http://www.lighthouse.org

LNCVA provides advocacy, support, information, and resources on vision impairment and blindness. Contact the Lighthouse for referrals to specialists and resources on visual disabilities, vision rehabilitation, links to related services, as well as information on eye diseases such as macular degeneration, glaucoma, cataracts, and diabetic retinopathy. Publications and audiovisual materials are available on topics including vision disorders, treatment options, and rehabilitation strategies.

Lupus Foundation of America (LFA)
1300 Piccard Drive, Suite 200
Rockville, MD 20850-4303

Phone: 1-800-558-0121 (toll-free)
(information line)
301-670-9292
Fax: 301-670-9486
Email: lupusinfo@lupus.org
Website: http://www.lupus.org

LFA is a nonprofit organization supporting research and distributing information about diagnosis and treatment of lupus erythematosus, a chronic autoimmune disease. Contact the LFA for referrals to specialists, information about treatment and research, a listing of local chapters and support groups, other resource organizations, and a list of publications.

Meals On Wheels Association of America (MOWAA)
1414 Prince Street, Suite 302
Alexandria, VA 22314

Phone: 703-548-5558
Fax: 703-548-8024
Website: http://www.mowaa.org

MOWAA is a national, nonprofit organization providing training and grants to programs that provide food to older people, and those who are frail, disabled, at-risk, or homebound.

MedicAlert Foundation
2323 Colorado Avenue
Turlock, CA 95382

Phone: 1-800-432-5378 (toll-free)
209-668-3333
Fax: 209-669-2495
Website: http://www.medicalert.org

MedicAlert is a nonprofit, membership organization providing identification and medical information in emergencies. Contact MedicAlert for information about its membership services and costs.

Medicare Rights Center (MRC)
1460 Broadway, 11th Floor
New York, NY 10036

Phone: 212-869-3850
Fax: 212-869-3532
Email: info@medicarerights.org
Website: http://www.medicarerights.org

MRC is a national, nonprofit service helping older adults and people with disabilities get good, affordable health care. Available educational materials include a train-the-trainer manual, booklets on Medicare basics, and Medicare home health.

National Academy of Elder Law Attorneys, Inc. (NAELA)
1604 North Country Club Road
Tucson, AZ 85716

Phone: 520-881-4005
Fax: 520-325-7925
Website: http://www.naela.org

NAELA is a nonprofit association assisting lawyers, bar associations, and others who work with older people and their families. Contact NAELA for information on lawyers specializing in issues pertinent to older people, resources to legal information, assistance, and education. A list of publications is available.

National Alliance for Hispanic Health
1501 16th Street, NW
Washington, DC 20036

Phone: 202-387-5000
Email: alliance@hispanichealth.org
Website: http://www.hispanichealth.org/

The Alliance is a network of health and human service providers fostering the health, well-being, and prosperity of Hispanics. Network members provide consumer information, help formulate culturally competent standards of care, support research into specific health concerns facing Hispanics, and promote appropriate use of technology. Spanish language resources are available.

National Alliance for the Mentally Ill (NAMI)
Colonial Place Three
2107 Wilson Boulevard, Suite 300
Arlington, VA 22201

Phone: 1-800-950-NAMI (950-6264) (toll-free)
NAMI HelpLine
703-524-7600
TTY: 703-516-7227
Fax: 703-524-9094
Website: http://www.nami.org

NAMI offers support groups, education, advocacy, and research to help people with mental illness. The Alliance seeks to educate all people about severe and persistent mental illnesses to eliminate stigma and promote access to services. Search the website for lists of local affiliates and state organizations.

National Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse
National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS)
National Institutes of Health (NIH)
1 AMS Circle
Bethesda, MD 20892-3675

Phone: 1-877-22-NIAMS (226-4267) (toll-free)
301-495-4484
TTY: 301-565-2966
Fax: 301-881-2731 (faxback service)
Email: NIAMSInfo@mail.nih.gov
Website: http://www.nih.gov/niams

NIAMS Information Clearinghouse is funded by NIAMS, part of the NIH. The Clearinghouse provides information and resources on all forms of arthritis, musculoskeletal diseases such as fibromyalgia, as well as skin diseases. Contact the Clearinghouse for information on research and referrals to research programs and community resources. Publications are available on the causes, treatments, and prevention of arthritis, lupus, musculoskeletal disorders, and diseases of bones, joints, and skin.

National Asian Pacific Center on Aging (NAPCA)
1511 3rd Avenue, Suite 914
Seattle, WA 98101-1626

Phone: 206-624-1221
Fax: 206-624-1023
Email: info@napca.org
Website: http://www.napca.org

NAPCA is a nonprofit agency dedicated to serving aging Asian and Pacific Islanders. It offers employment programs, multilingual community forums and health care education. The Center works with elders, policy makers, program administrators, and community leaders. Publications include a newsletter and translated health care materials.

National Association for Continence (NAFC)
PO Box 8310
Spartanburg, SC 29305-8310

Phone: 1-800-252-3337 (toll-free)
(ordering line)
Fax: 864-579-7902
Email: memberservices@nafc.org
Website: http://www.nafc.org

NAFC, formerly Help for Incontinent People, is a nonprofit organization providing advocacy, education, and support to people with incontinence and their families. Contact NAFC for referrals to specialists, resources, and information about the causes, prevention, diagnosis, treatments, and management alternatives for incontinence. Publications are available.

National Association for Health & Fitness (NAHF)
201 South Capitol Avenue, Suite 560
Indianapolis, IN 46225

Phone: 317-237-5630
Fax: 317-237-5632
Website: http://www.physicalfitness.org

NAHF is a nonprofit organization promoting physical fitness, sports, and healthy lifestyles. The Association supports State Governor's Councils on Physical Fitness and Sports. NAHF supports employee health and fitness programs including Let's Get Physical, an interactive educational program based on the Surgeon General's 1996 report recommending moderate physical activity most days of the week.

National Association for Hispanic Elderly (Asociación Nacional Por Personas Mayores)
234 East Colorado Boulevard, Suite 300
Pasadena, CA 91101

Phone: 626-564-1988
Fax: 626-564-2659

The Association is a national, private, nonprofit organization providing a variety of services for older Hispanic people. Resources include a national Hispanic research center, research and consultation for organizations seeking to reach older Spanish-speaking people, and dissemination of written and audiovisual materials in English and Spanish. The Association administers Project AYUDA, a program providing employment counseling and placement services.

National Association for Home Care (NAHC)
228 7th Street, SE
Washington, DC 20003

Phone: 202-547-7424
Fax: 202-547-3540
Email: webmaster@nahc.org
Website: http://www.nahc.org

NAHC promotes hospice and home care, sets standards of care, and conducts research on aging, health, and health care policy. Association publications include *How to Choose a Home Care Provider* and other free consumer guides on home and hospice care.

National Association for Human Development (NAHD)
1424 16th Street, NW, Suite 102
Washington, DC 20036

Phone: 202-328-2191
Fax: 202-265-6682
Email: nahdcasa@worldnet.att.net

NAHD is a nonprofit organization providing information and materials for national, State, and local groups helping people maintain their physical, mental, and social well-being. Contact NAHD program specialists for slides, videos, booklets, posters, and training manuals on health and physical fitness. Program materials focusing on older people include topics such as wellness, physical fitness, preventive medicine, self-care, and retirement planning.

National Association for Practical Nurse Education and Services (NAPNES)
8607 2nd Avenue, Suite 404 A
Silver Spring, MD 20910

Phone: 301-588-2491
Fax: 301-588-2839
Email: napnes@bellatlantic.net

NAPNES is a professional organization of licensed practical nurses, other nurses, physicians, nursing home administrators, and the general public specializing in direct long-term care of older people. NAPNES offers long-term care certification to practical/vocational nurses. Contact NAPNES for information on practical nursing and referrals to member nurses and resource organizations.

National Association of Activity Professionals (NAAP)
PO Box 5530
Sevierville, TN 37864

Phone: 865-429-0717
Fax: 865-453-9914
Email: THENAAP@aol.com
Website: http://www.thenaap.com

NAAP is a professional organization providing activity education, advocacy, industry standards, and programming for long-term-care facilities, retirement living communities, and adult day care centers. Contact NAAP for referrals to specialists and information on therapeutic and restorative activities, regulation and policy updates, and program models. Publications are available.

National Association of Area Agencies on Aging (N4A)
927 15th Street, NW, 6th Floor
Washington, DC 20005

Phone: 1-800-677-1116 (toll-free) (Eldercare Locator)
202-296-8130
Fax: 202-296-8134
Website: http://www.n4a.org

N4A is the umbrella organization for the AoA-funded Area Agencies on Aging. It also represents the interests of Title VI Native American aging programs. The Association administers the AoA-sponsored Eldercare Locator, a toll-free number linking older adults and their family members with local aging resources. N4A publishes the *National Directory for Eldercare Information and Referral*.

National Association of Community Health Centers (NACHC)
1330 New Hampshire Avenue, NW, Suite 122
Washington, DC 20036

Phone: 202-659-8008
Fax: 202-659-8519
Email: dhawkins@nachc.com
Website: http://www.nachc.com

NACHC is a national association representing community health centers nationwide. Contact NACHC for referrals to local health centers and information on the Association's programs as well as health care regulation and policy updates.

National Association of Nutrition and Aging Service Programs (NANASP)
1101 Vermont Avenue, NW, Suite 1001
Washington, DC 20005

Phone: 202-682-6899
Fax: 202-682-3984
Website: http://www.nanasp.org

NANASP, a membership organization, supports a broad range of nutrition and related services for community-dwelling older people by training nutrition providers and advocating for older people. Publications include a *Legislative Action Manual* and *The Washington Bulletin*.

Did You Know?

The website FirstGov.gov (located at http://www.FirstGov.gov) is designed to provide you with easy, one step access to all online Federal Government resources. You can use it to browse a wealth of information—everything from researching resources at the Library of Congress to tracking a NASA mission.

National Association of Professional Geriatric Care Managers (NAPGCM)
1604 North Country Club Road
Tucson, AZ 85716-3102

Phone: 520-881-8008
Fax: 520-325-7925
Email: info@caremanager.org
Website: http://www.caremanager.org

NAPGCM is a nonprofit organization representing the interests of elder care practitioners and advocating for older peoples' independence, autonomy, and quality of health care. Contact NAPGCM for resources, referrals to local Association chapters, and information on counseling and treatment programs. Publications and referrals to professional care managers are available through the website.

National Association of Social Workers (NASW)
750 First Street, NE, Suite 700
Washington, DC 20002-4241

Phone: 1-800-638-8799 (toll-free)
202-408-8600
Fax: 202-336-8310
Email: info@naswdc.org
Website: http://www.naswdc.org

NASW is a membership organization promoting, advocating, developing, and protecting social workers and the practice of social work. Contact NASW for referrals to counseling resources and specialists, information about social work, and information on aging issues and health care.

National Association of State Units on Aging (NASUA)
1201 15 Street, NW, Suite 350
Washington, DC 20005

Phone: 202-898-2578
Fax: 202-898-2583
Email: info@nasua.org
Website: http://www.nasua.org

NASUA is a public-interest organization providing information, assistance, and advocacy on behalf of older people. Contact NASUA for information on rights of older people, health care and social services regulations, and referrals to lawyers specializing in elder law and aging issues. Publications are available on topics such as the Older Americans Act, long-term care, older worker issues, elder abuse, and nutrition programs. The Association cooperates in administering the Eldercare Locator, AoA's toll-free information service.

National Association of the Deaf (NAD)
814 Thayer Avenue
Silver Spring, MD 20910-4500

Phone: 301-587-1788
TTY: 301-587-1789
Fax: 301-587-1791
Email: NADinfo@nad.org
Website: http://www.nad.org

NAD is a private, nonprofit organization representing the interests and rights of people who are deaf or hearing impaired. It advocates for greater access to education, employment, health care, and social services. Contact NAD for information on legal assistance, public policy on deafness and disabilities, and referrals to products that assist deaf and hearing impaired people. Publications are available.

National Association on HIV Over Fifty (NAHOF)
Southwest Boulevard Family Health Care Services, Inc.
340 Southwest Boulevard
Kansas City, KS 66103

Phone: 816-421-5263
Fax: 913-722-2542
Email: janepfowler@mindspring.com
Website: http://www.hivoverfifty.org

NAHOF is a membership organization promoting the availability of a full range of educational, prevention, service, and health care programs for people over age 50 affected by HIV. NAHOF provides a forum to exchange information and share concerns about HIV and older adults.

National Bar Association (NBA)
1225 11th Street, NW
Washington, DC 20001

Phone: 202-842-3900
Fax: 202-289-6170
Website: http://www.nationalbar.org

NBA uses its national membership, statewide minority bar programs, minority law students, minority bar group alliances, and private attorneys, to form links with community groups providing legal assistance to low-income, minority older people. Publications include *Saving The Home* and *Defending Against Fraud and Scams*, a resource book on second mortgages.

National Cancer Institute (NCI)
National Institutes of Health (NIH)
Public Inquiries Office
Building 31, Room 10A03
31 Center Drive MSC 2580
Bethesda, MD 20892-2580

Phone: 1-800-4-CANCER (422-6237) (toll-free) (Cancer Information Service-CIS)
TTY: 1-800-332-8615 (toll-free)
301-435-3848
Email: webmaster@cancer.gov
Website: http://www.nci.nih.gov

NCI, part of NIH, is the lead agency for cancer research and statistics, treatments, clinical trials, patient education, and public information on all types of cancer, risk factors, and prevention. NCI's toll-free CIS provides immediate, science-based answers to the public's specific questions about cancer. The CIS provides referrals to cancer specialists and other related resources, including where to find survivor groups. Many free publications are available.

National Caucus and Center on Black Aged, Inc. (NCBA)
1424 K Street, NW, Suite 500
Washington, DC 20005

Phone: 202-637-8400
Fax: 202-347-0895
Email: ncba@aol.com
Website: http://www.ncba-blackaged.org

NCBA is a national, nonprofit organization providing health and social service information, advocacy, and assistance to African Americans and low-income older people. Contact NCBA for information on its local chapters and programs including senior employment and training, housing, health promotion, and advocacy. Publications include a support-service reference guide, job placement guides, and a *Profile of Black Elderly*.

National Center for Complementary and Alternative Medicine (NCCAM) Clearinghouse
National Institutes of Health (NIH)
PO Box 8218
Silver Spring, MD 20907-8218

Phone: 1-888-644-6226 (toll-free)
301-231-7357
TTY: 1-888-644-6226 (toll-free)
Fax: 1-888-644-6226 (toll-free)
(Fax-on-demand)
301-495-4957
Email: nccam-info@nccam.nih.gov
Website: http://www.nccam.nih.gov

The Clearinghouse, funded by NCCAM, provides information on alternative medical therapies not commonly used or previously accepted in conventional Western medicine. Contact the Clearinghouse for information on holistic healing traditions, including acupuncture, herbs, homeopathy, therapeutic massage, and traditional oriental medicine. NCCAM does not recommend specific therapies. Publications are available by fax-on-demand and on the website.

National Center for Health Statistics (NCHS)
Centers for Disease Control and Prevention (CDC)
6525 Belcrest Road
Hyattsville, MD 20782-2003

Phone: 301-458-4636
Website: http://www.cdc.gov/nchs/

NCHS, part of the Federal Government, is the agency that monitors and compiles information on the Nation's health. NCHS statistical programs on aging collect information on the health of older people, their lifestyles, exposure to unhealthy influences, diagnosis and age of onset for illnesses or disabilities, and patterns of health care service use. Contact NCHS for reports on trends in health and aging.

National Center on Elder Abuse (NCEA)
1225 I Street, NW, Suite 725
Washington, DC 20005

Phone: 202-898-2586
Fax: 202-898-2583
Email: NCEA@nasua.org
Website: http://www.elderabusecenter.org

NCEA is operated jointly by the National Association of State Units on Aging, the National Committee for the Prevention of Elder Abuse, and the University of Delaware to disseminate information about abuse and neglect of older people. NCEA operates the Clearinghouse on Abuse and Neglect of the Elderly and can provide referrals to agencies and specialists. Publications are available on prevention of abuse, neglect, and State regulations.

National Center on Minority Health and Health Disparities (NCMHD)
National Institutes of Health (NIH)
6707 Democracy Boulevard
MSC 5465
Bethesda, MD 20892-5465

Phone: 301-402-1366
Fax: 301-496-4035

NCMHD, part of NIH, conducts and supports research, training, dissemination of information, and other programs with respect to minority health conditions and other populations with health disparities.

Did You Know?

You can search a database of clinical trials on Alzheimer's disease and dementia as well as learn how to participate in clinical trials by searching http://www.alzheimers.org/trials/.

National Center on Poverty Law, Inc. (NCPL)
205 West Monroe Street
Chicago, IL 60606

Phone: 312-263-3830
Fax: 312-263-3846
Website: http://www.povertylaw.org

NCPL is a professional organization advocating for low-income people and providing assistance, resources, and information on poverty law. Contact NCPL for referrals to poverty law specialists, program information on welfare, work force, housing, and community development. Publications are available on topics such as grandparents' visitation, access to home health care for older people, protecting older homeowners from refinancing scams, and the needs of multigenerational low-income families.

National Citizen's Coalition for Nursing Home Reform (NCCNHR)
1424 16th Street, NW, Suite 202
Washington, DC 20036-2211

Phone: 202-332-2275
Fax: 202-332-2949
Email: nccnhr@nccnhr.org
Website: http://www.nccnhr.org

NCCNHR provides information on nursing home reform, promotes quality standards, and works to empower residents. Contact NCCNHR for information on community-based, consumer/citizen action, and long-term care ombudsmen groups. Publications on nursing homes and long-term care are available.

National Coalition for Adult Immunization (NCAI)
4733 Bethesda Avenue, Suite 750
Bethesda, MD 20814

Phone: 301-656-0003
Fax: 301-907-0878
Email: ncai@nfid.org
Website: http://www.nfid.org/ncai

NCAI is a network of organizations formed to achieve better health through immunizations and support for science-based recommendations. NCAI helps coordinate National Adult Immunization Awareness Week, an annual observance in the fall. Check the website for a chart outlining the NCAI–recommended adult immunization schedule. Spanish language resources are available.

National Committee to Preserve Social Security and Medicare (NCPSSM)
10 G Street, NE, Suite 600
Washington, DC 20004-4215

Phone: 1-800-966-1935 (toll-free)
202-216-0420
Fax: 202-216-0451
Website: http://www.ncpssm.org

NCPSSM, an advocacy and education membership organization, works to protect and enhance Federal programs vital to seniors' health and economic well-being. Contact NCPSSM for details on membership as well as information on seniors' rights, Medicare, Social Security, long-term care, and disability issues. Free informational brochures are available.

National Consumer's League (NCL)
1701 K Street, NW, Suite 1200
Washington, DC 20006

Phone: 1-800-876-7060 (toll-free) (National Fraud Information Center-NFIC)
202-835-3323
Fax: 202-835-0747
Email: info@nclnet.org
Website: http://www.natlconsumersleague.org (National Consumer's League)
http://www.fraud.org (National Fraud Information Center)

NCL is a private, nonprofit advocacy group representing consumers on marketplace and workplace issues, providing government, businesses, and other organizations with consumer's perspectives on social issues. Contact the NCL for information on topics such as privacy, consumer credit, food safety, and drug safety. NFIC supports victims of telemarketing and Internet fraud, and informs law enforcement of fraud cases. Publications are available.

National Council Against Health Fraud (NCAHF)
PO Box 1276
Loma Linda, CA 92354

Phone: 201-723-2955 (consumer health information)
Website: http://www.ncahf.org

NCAHF is a nonprofit agency that provides a website listing reliable sources of health information on the Internet. Contact the Council for information on health fraud, misinformation, and quackery, or to report fraud and investigate health claims by companies or organizations. NCAHF provides information on legitimate health groups, sponsors discussion groups that evaluate new health organizations, and suggests alternative medical techniques. A free weekly email newsletter is available online.

National Council of La Raza (NCLR)
1111 19th Street, NW, Suite 1000
Washington, DC 20036

Phone: 202-785-1670
Fax: 202-776-1794
Website: http://www.nclr.org

NCLR is a private, nonprofit organization established to reduce poverty and discrimination, and improve opportunities for Hispanics. NCLR health programs develop culturally-relevant, bilingual health education and promotional materials. The Hispanic Health Project works to lower the incidence of a variety of preventable conditions.

National Council on Aging, Inc. (NCOA)
409 3rd Street, SW, Suite 200
Washington, DC 20024

Phone: 202-479-1200
Fax: 202-479-0735
Email: info@ncoa.org
Website: http://www.ncoa.org

NCOA is a private, nonprofit organization providing information, training, technical assistance, advocacy, and leadership in all aspects of aging services and issues. Contact NCOA for information on training programs and in-home services for older people. NCOA publications are available on topics such as lifelong learning, senior center services, adult day care, long-term care, financial issues, senior housing, rural issues, intergenerational programs, and volunteers in aging.

National Council on Alcoholism and Drug Dependence (NCADD)
20 Exchange Place, Suite 2902
New York, NY 10005

Phone: 1-800-NCA-CALL (622-2255) (toll-free)
212-269-7797
Fax: 212-269-7510
Email: national@ncadd.org
Website: http://www.ncadd.org

NCADD is a nonprofit organization providing advocacy, assistance, and information on alcoholism and drug addiction. Contact NCADD for information on causes, diagnosis, and treatments; referrals to specialists; lists of community resource centers; and NCADD-affiliated organizations nationwide. Fact sheets, brochures, and videotapes also are available.

National Council on Patient Information and Education (NCPIE)
4915 Saint Elmo Avenue, Suite 505
Bethesda, MD 20814-6053

Phone: 301-656-8565
Fax: 301-656-4464
Email: ncpie@erols.com
Website: http://www.talkaboutrx.org

NCPIE is a nonprofit coalition providing advocacy, information, and services to educate and empower consumers to make sound decisions about use of prescription and over-the-counter medicines. Contact NCPIE to discuss drug safety or facts about specific drugs. NCPIE's website and publications provide information on medications, side effects, and manufacturers' recalls.

National Diabetes Information Clearinghouse (NDIC)
National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)
National Institutes of Health (NIH)
1 Information Way
Bethesda, MD 20892-3560

Phone: 1-800-860-8747 (toll-free)
301-654-3327
Fax: 301-907-8906
Email: ndic@info.niddk.nih.gov
Website: http://www.niddk.nih.gov

NDIC, funded by NIDDK, part of NIH, provides referrals to diabetes specialists and organizations, and searches from its database of patient and professional education materials. Call for publications on such topics as alternative therapies, controlling diabetes, complications of diabetes, and diabetes in Asian, Hispanic, and other ethnic groups. Spanish-language resources are available.

National Digestive Diseases Information Clearinghouse (NDDIC)
National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)
National Institutes of Health (NIH)
2 Information Way
Bethesda, MD 20892-3570

Phone: 1-800-891-5389 (toll-free)
301-654-3810
Fax: 301-907-8906
Email: nddic@info.niddk.nih.gov
Website: http://www.niddk.nih.gov

NDDIC, funded by NIDDK, part of NIH, provides referrals to digestive diseases organizations and support groups, as well as searches from its database of patient and professional education materials. Fact sheets are available on gastroesophageal reflux disease, hemorrhoids, constipation, ulcers, and irritable bowel syndrome.

National Eye Health Education Program (NEHEP)
National Eye Institute (NEI)
National Institutes of Health (NIH)
2020 Vision Place
Bethesda, MD 20892-3655

Phone: 301-496-5248
Fax: 301-402-1065
Email: 2020@nei.nih.gov
Website: http://www.nei.nih.gov

NEHEP, funded by the NEI, part of NIH, is a partnership of professional, civic, and voluntary organizations and Federal agencies. NEHEP provides referrals to vision professionals and other health resources. The Program offers free materials to educate the public about how to protect eye health and prevent vision loss and distributes information on such topics as preventing diabetic eye disease, glaucoma, and low vision.

National Family Caregivers Association (NFCA)
10400 Connecticut Avenue, #500
Kensington, MD 20895-3944

Phone: 1-800-896-3650 (toll-free)
Fax: 301-942-2302
Email: info@nfcacares.org
Website: http://www.nfcacares.org

NFCA is a grass roots organization providing advocacy, support, and information for family members who care for chronically ill, older, or disabled relatives. There is no charge for family members to be on the mailing list and to receive the newsletter, *Take Care!* Contact NFCA for help finding resources.

National Gerontological Nursing Association (NGNA)
7794 Grow Drive
Pensacola, FL 32514

Phone: 1-800-723-0560 (toll-free)
Fax: 850-484-8762
Email: ngna@puetzamc.com
Website: http://www.ngna.org

NGNA, an organization of nurses specializing in care of older adults, informs the public on health issues affecting older people, supports education for nurses and other health care practitioners, and provides a forum to discuss topics such as nutrition in long-term care facilities and elder law for nurses. NGNA offers information on gerontological nursing and conducts nursing research related to older people.

National Health Information Center (NHIC)
Office of Disease Prevention and Health Promotion (ODPHP)
Department of Health and Human Services
PO Box 1133
Washington, DC 20013-1133

Phone: 1-800-336-4797 (toll-free)
301-565-4167
Fax: 301-984-4256
Faxback: 301-468-1204
Email: nhicinfo@health.org
Website: http://www.health.gov/NHIC

NHIC, a service of the Federal Government, links consumers and health professionals with resources and information. The Center provides health information, contacts for Federally-supported health information centers, lists of national health observances, and toll-free numbers sponsored by the Federal Government.

National Heart, Lung, and Blood Institute (NHLBI) Information Center
PO Box 30105
Bethesda, MD 20824-0105

Phone: 1-800-575-WELL (9355) (toll-free) (recorded information)
301-592-8573
Fax: 301-592-8563
Email: NHLBIinfo@rover.nhlbi.nih.gov
Website: http://www.nhlbi.nih.gov

The Information Center, funded by NHLBI, part of NIH, provides referrals to resource organizations and information on elevated cholesterol, high blood pressure, heart disease, exercise, risk of and recovery from stroke, chronic cough, asthma, cystic fibrosis, and sleep disorders. Publications include two newsletters, *HeartMemo* and *AsthmaMemo*.

National Hispanic Council on Aging (NHCoA)
2713 Ontario Road, NW
Washington, DC 20009

Phone: 202-265-1288
Fax: 202-745-2522
Email: nhcoa@worldnet.att.net
Website: http://www.nhcoa.org

NHCoA is a national organization providing advocacy, education, and information for older Hispanic people. Contact the Council for facts and resources on health, employment, housing, strengthening families, and building communities, as well as referrals to local Council chapters. Publications in English and Spanish are available.

National Hospice and Palliative Care Organization (NHPCO)
1700 Diagonal Road, Suite 300
Alexandria, VA 22314

Phone: 1-800-658-8898 (toll-free) (Hospice Helpline and Locator)
703-837-1500
Email: info@nhpco.org
Website: http://www.nhpco.org

NHPCO is a nonprofit, membership organization working to enhance the quality of life for individuals who are terminally ill and advocating for people in the final stage of life. Contact NHPCO for information, resources, and referrals to local hospice services. Publications, fact sheets, and website resources are available on topics including how to find and evaluate hospice services.

National Hospice Foundation (NHF)
1700 Diagonal Road, Suite 300
Alexandria, VA 22314

Phone: 1-800-338-8619 (toll-free)
703-516-4928
Fax: 703-525-5762
Email: info@nhpco.org
Website: http://www.hospiceinfo.org

NHF, a nonprofit, charitable organization affiliated with the National Hospice and Palliative Care Organization, provides support and information about hospice care options. NHF publications include *Hospice Care: A Consumer's Guide to Selecting a Hospice Program*, *Communicating Your End-of-Life Wishes*, and *Hospice Care and the Medicare Hospice Benefit*.

National Human Genome Research Institute (NHGRI)
National Institutes of Health (NIH)
Office of Policy and Public Affairs
Building 31; Room 4B09
Bethesda, MD 20892

Phone: 301-402-0911
Website: http://www.nhgri.nih.gov/

NHGRI, part of NIH, coordinates the Human Genome Project, an international research effort to characterize the genomes of human and selected model organisms through complete mapping and sequencing of their DNA.

National Indian Council on Aging (NICOA)
10501 Montgomery Boulevard, NE, Suite 210
Albuquerque, NM 87111-3846

Phone: 505-292-2001
Fax: 505-292-1922
Email: dave@nicoa.org
Website: http://www.nicoa.org

NICOA provides services, advocacy, and information on aging issues for older American Indian and Alaska Native people. Contact NICOA for information about its resources and support groups serving the national Indian community, and NICOA's clearinghouse for issues affecting older Indian people. Publications are available, including the newsletter *Elder Voices*.

Did You Know?

Your local library is always a good place to start looking for information. Before you go, make a list of the topics you are interested in – that will help the librarian direct you to the most helpful resources.

National Information and Referral Support Center (NIRSC)
1225 I Street, NW, Suite 725
Washington, DC 20005-3914

Phone: 202-898-2578
Fax: 202-898-2583
Email: staff@nasua.org
Website: http://www.nasua.org

NIRSC provides technical assistance, consultation, and training to State and Area Agencies on Aging and to local information and referral providers funded under the Older Americans Act. Contact the Center for referrals, resources, and information on how to locate services for older people. A list of Center publications is available.

National Institute of Allergy and Infectious Diseases (NIAID)
National Institutes of Health (NIH)
Bethesda, MD 20892-2520

Phone: 301-496-5717
Fax: 301-402-0120
Email: niaidoc@nih.gov
Website: http://www.niaid.nih.gov

NIAID, part of NIH, conducts and supports research on the prevention, diagnosis, and treatment of HIV/AIDS and other infectious and allergic diseases. Contact NIAID for information on allergies, as well as viral and bacterial illnesses. The Institute provides referrals to specialists, support groups, and other resources; publications and fact sheets are available, some in Spanish.

National Institute of Child Health and Human Development (NICHD) Information Clearinghouse
PO Box 3006
Rockville, MD 20847

Phone: 1-800-370-2943
Fax: 301-984-1473
Email: NICHDClearinghouse@mail.nih.gov
Website: http://www.nichd.nih.gov/

The Clearinghouse, funded by NICHD, part of NIH, is a resource for publications and health issues related to NICHD research. The Institute conducts and supports research on neurobiologic, developmental, and behavioral processes that determine and maintain the health of children, adults, families, and populations. Spanish language resources are available.

National Institute of Dental and Craniofacial Research (NIDCR)
National Institutes of Health (NIH)
Bethesda, MD 20892-2290

Phone: 301-496-4261
301-402-7364 (National Oral Health Information Clearinghouse-NOHIC)
TTY: 301-656-7581
Fax: 301-469-9988
Email: nidcrinfo@mail.nih.gov
nohic@nidcr.nih.gov
Website: http://www.nidcr.nih.gov/
http://www.nohic.nidcr.nih.gov/

NIDCR, part of NIH, conducts and supports research on the causes, treatment, and prevention of diseases of the teeth, gums, and facial bones. Contact NOHIC for facts about oral health in people with disabling conditions and referrals to specialists and related resources. Contact NIDCR for information on available publications, audiovisual materials, and fact sheets.

National Institute of Environmental Health Sciences (NIEHS)
National Institutes of Health (NIH)
PO Box 12233
Research Triangle Park, NC 27709

Phone: 919-541-3345
Website: http://www.niehs.nih.gov

NIEHS, part of NIH, conducts and supports research on potential environmental contributors to human illnesses and dysfunction, including asthma, Alzheimer's, bronchitis, cancer, lead poisoning, Parkinson's, and other chronic diseases. NIEHS also studies variable human susceptibilities to these environmental factors. The National Toxicology Program, headquartered at NIEHS, tests natural and man-made chemicals for safety.

National Institute of General Medical Sciences (NIGMS)
National Institutes of Health (NIH)
Office of Communications and Public Liaison
Bethesda, MD 20892-6200

Phone: 301-496-7301
Fax: 301-402-0224
Email: pub_info@nigms.nih.gov
Website: http://www.nigms.nih.gov

NIGMS, part of NIH, conducts and supports research in medical fields such as genetics, cellular and molecular biology, and pharmacology. Publications include *Medicines for You* (also available in Spanish), and *Inside the Cell*.

National Institute of Mental Health (NIMH)
National Institutes of Health (NIH)
Bethesda, MD 20892-9663

Phone: 1-800-421-4211 (toll-free)
301-443-4513
TTY: 301-443-8431
Fax: 301-443-4279
Email: nimhinfo@nih.gov
Website: http://www.nimh.nih.gov

NIMH, part of NIH, is the lead agency conducting and supporting mental health research including mental disorders of aging. Contact NIMH for information on mental health and aging, Alzheimer's disease, anxiety disorders, depression, and suicide.

National Institute of Neurological Disorders and Stroke (NINDS)
National Institutes of Health (NIH)
Office of Communications and Public Liaison
Bethesda, MD 20892-2540

Phone: 1-800-352-9424 (toll-free)
(information service)
301-496-5751
Fax: 301-402-2186
Website: http://www.ninds.nih.org

NINDS, part of NIH, conducts and supports research on stroke and neurological disorders. NINDS provides information on its research targets, including stroke, head and spinal injuries, tumors of the central nervous system, epilepsy, multiple sclerosis, Huntington's disease, Parkinson's disease, and Alzheimer's disease. A directory of voluntary health agencies is available.

National Institute of Nursing Research (NINR)
Office of Science Policy and Public Liaison
National Institutes of Health (NIH)
31 Center Drive
Building 31, Room 5B10
Bethesda, MD 20892-2178

Phone: 301-496-0207
Fax: 301-480-8845
Website: http://www.nih.gov/ninr

NINR, part of NIH, supports and conducts basic and clinical research to establish a scientific basis for the care of individuals across the life span. Studies addressed by nurse researchers include the management of chronic diseases, health disparities, improving palliative end-of-life care, and telehealth technology.

Did You Know?

Not all consumer health information on the web is of equal quality. To decide if a website is accurate and reliable, you might ask:

- *Is the original source for the information clear? Is there a review date?*
- *Is the medical information reviewed by an advisory board? Are their names and affiliations clearly noted?*
- *Is your confidentiality assured? If you have to register, do you know how your personal information will be used?*
- *Does it sound too good to be true? Scientific studies rarely use words like "breakthrough", "secret ingredient" or "miracle cure."*
- *Is the information promotional? Are advertisements separated from content?*

National Institute on Aging (NIA)
National Institutes of Health (NIH)
Office of Communications and Public Liaison
Bethesda, MD 20892-2292

Phone: 1-800-222-2225 (toll-free) (NIA Information Center-NIAIC)
1-800-438-4380 (toll-free) (Alzheimer's Disease Education and Referral Center--ADEAR)
301-496-1752
TTY: 1-800-222-4225 (toll-free) (NIAIC)
Fax: 301-589-3014 (NIAIC)
301-495-3334 (ADEAR)
Email: niainfo@jbs1.com (NIAIC)
adear@alzheimers.org (ADEAR)
Website: http://www.nih.gov/nia
http://www.alzheimers.org

NIA, part of NIH, conducts and supports biomedical, social, and behavioral research on aging processes, diseases, and the special problems and needs of older people. NIA develops and disseminates publications on topics such as the biology of aging, exercise, doctor/patient communication, and menopause. The Institute produces the *Age Pages* – a series of fact sheets for consumers on a wide range of subjects including nutrition, medications, forgetfulness, sleep, driving, and long-term care. Information, publications, referrals, resource lists, and database searches on Alzheimer's disease are available through the Institute-funded ADEAR Center.

National Institute on Alcohol Abuse and Alcoholism (NIAAA)
National Institutes of Health (NIH)
Bethesda, MD 20892-7003

Phone: 301-443-3860
Fax: 301-443-6077
Email: niaaaweb-r@exchange.nih.gov
Website: http://www.niaaa.nih.gov

NIAAA, part of NIH, conducts and supports research on alcoholism and alcohol abuse. Contact the NIAAA for information on genetic and behavioral aspects of alcoholism, physiologic effects of alcohol abuse, and diagnosis, treatment, and prevention of alcohol-related problems.

National Institute on Deafness and Other Communication Disorders (NIDCD)
National Institutes of Health (NIH)
Office of Communication and Public Liaison
Bethesda, MD 20892-2320

Phone: 1-800-241-1044 (toll-free) (NIDCD Information Clearinghouse)
301-496-7243
TTY: 1-800-241-1055 (toll-free) (NIDCD Information Clearinghouse)
301-402-0252
Fax: 301-402-0018
Email: nidcd@nidcd.nih.gov
Website: http://www.nidcd.nih.gov

NIDCD, part of NIH, conducts and supports research on normal mechanisms as well as diseases and disorders of hearing, balance, smell, taste, voice, speech, and language. NIDCD develops and disseminates health information to the public based on scientific discovery.

National Institute on Drug Abuse (NIDA)
National Institutes of Health (NIH)
Public Information and Liaison Branch
Bethesda, MD 20892-9561

Phone: 1-800-729-6686 (toll-free)
(National Clearinghouse for Alcohol and Drug Information–NCADI)
301-443-1124
TTY: 1-800-487-4889 (toll-free)
Fax: 1-888-644-6432 (toll-free)
(NIDA Infofax)
1-888-889-6432 (toll-free)
(TTY NIDA Infofax)
301-443-7397
Email: info@nida.nih.gov
Website: http://www.nida.nih.gov

NIDA, part of NIH, conducts and supports research on the physiology of specific drug addictions, effects of abused substances, and current and potential treatments. Contact NIDA for scientific information, and patient and public education materials on drug abuse, its causes, consequences, prevention, and treatment. Spanish language resources are available.

National Interfaith Coalition on Aging (NICA)
National Council on Aging (NCOA)
409 3rd Street, SW, Suite 200
Washington, DC 20024

Phone: 1-800-424-9046 (toll-free)
202-479-1200
Fax: 202-479-0735
Website: http://www.ncoa.org

The Coalition, a constituent unit of NCOA, consists of individuals and organizations of various faiths concerned with issues of religion, spirituality, and aging. NICA provides networking opportunities and educational programs.

National Kidney and Urological Diseases Information Clearinghouse (NKUDIC)
National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)
3 Information Way
Bethesda, MD 20892-3580

Phone: 1-800-891-5390 (toll-free)
301-654-4415
Fax: 301-907-8906
Email: nkudic@info.niddk.nih.gov
Website: http://www.niddk.nih.gov

NKUDIC, funded by NIDDK, provides referrals to specialists, resource organizations, and support groups. Publications and information on subjects such as kidney stones, prostate gland problems, urinary incontinence, and urinary tract infections are available.

National Kidney Foundation (NKF)
30 East 33rd Street
New York, NY 10016

Phone: 1-800-622-9010 (toll-free)
212-889-2210
Fax: 212-779-0068
Website: http://www.kidney.org

NKF is a nonprofit organization providing information on the diagnosis, treatment, and prevention of kidney and urinary tract diseases. The Foundation supports research and organ donation programs. Contact the NKF for a list of local chapters that provide services, including blood and drug banks, screening programs, transportation assistance, publications, and referrals to specialists.

National Legal Support for Elderly People with Mental Disabilities Project
Judge David L. Bazelon Center for Mental Health Law
1101 15th Street, NW, Suite 1212
Washington, DC 20005-5002

Phone: 202-467-5730
TTY: 202-467-4232
Fax: 202-223-0409
Email: hn1660@handsnet.org
Website: http://www.bazelon.org

The Project focuses on legal issues of older people, training legal aid lawyers, organizing workshops, and providing information on legal issues facing older people with mental disabilities. Contact the Project for publications on disability rights for older people.

National Library of Medicine (NLM)
National Institutes of Health (NIH)
Bethesda, MD 20894

Phone: 1-888-FIND-NLM (346-3656) (toll-free)
301-496-6308
Fax: 301-496-4450
Email: custserv@nlm.nih.gov
Website: http://www.nlm.nih.gov (MEDLINE)
http://www.nlm.nih.gov/medlineplus (MEDLINEplus)
www.clinicaltrials.gov (Clinical Trials database)

NLM, part of NIH, is the world's largest medical library. The collection can be consulted in the reading room or requested on interlibrary loan. NLM offers nationwide access through a National Network of Libraries of Medicine. The database, MEDLINE, is available via the worldwide web.

National Library Service for the Blind and Physically Handicapped (NLSBPH)
Library of Congress
Reference Section
1291 Taylor Street, NW
Washington, DC 20542

Phone: 1-800-424-8567 (toll-free)
202-707-5100
Fax: 202-707-0712
Email: nls@loc.gov
Website: http://www.lcweb.loc.gov/nls/

NLSBPH, funded by the Library of Congress, is a network of regional and local libraries that provide free library services to blind and physically disabled people. Contact NLSBPH about programs such as postage-free delivery and return-mailing of audio-books and books and magazines in Braille. Specially designed Talking Books and cassette players also are lent to the public free. NLSBPH provides information on blindness and physical disabilities.

National Long-Term Care Ombudsman Resource Center (NLTCORC)
National Citizens' Coalition for Nursing Home Reform (NCCNHR)
1424 16th Street, NW, Suite 202
Washington, DC 20036

Phone: 202-332-2275
Fax: 202-332-2949
Email: ombudcenter@nccnhr.org

NLTCORC is operated by the NCCNHR in collaboration with the National Association of State Units on Aging. The Center supports groups under Federal mandate to identify and resolve residents' problems at long-term care facilities. Contact the Center for information and publications on nursing home reform and adult care.

National Long-Term Care Resource Center (NLTCRC)
Division of Health Services, Research and Policy
University of Minnesota School of Public Health
Mayo Mailcode 197, Room D527
420 Delaware Street, SE
Minneapolis, MN 55455

Phone: 612-624-5171
Fax: 612-624-5434
Website: http://www.hsr.umn.edu

The Center assists State and Area Agencies on Aging and other community-based service agencies to monitor, develop, and refine community long-term care systems through legal reform. NLTCRC provides information on long-term health care, rehabilitation and acute care reform, ethics, and quality of life issues in nursing homes. A list of publications is available.

National Medical Association (NMA)
1012 10th Street, NW
Washington, DC 2001

Phone: 1-888-662-7497 (toll-free) (Automated Physician Referral)
202-347-1895
Fax: 202-842-3293
Email: rwilliams@nmanet.org
Website: http://www.nmanet.org

NMA promotes the interests of doctors and patients of African descent. NMA offers a physician referral service and the brochure *Looking for Dr. Right: Guide to Choosing a Physician Using 1-888-NMAPHYSicians*.

National Mental Health Association (NMHA)
2001 N. Beauregard Street, 12th Floor
Alexandria, VA 22311

Phone: 1-800-969-NMHA (6642) (toll-free) (National Mental Health Information Center)
703-684-7722
Fax: 703-684-5968
Email: infoctr@nmha.org
Website: http://www.nmha.org

The NMHA Information Center provides referrals to mental health specialists, as well as publications such as *Coping with Growing Older*, *Answers to Your Questions About Clinical Depression*.

National Multiple Sclerosis Society (NMSS)
733 3rd Avenue, 6th Floor
New York, NY 10017-3288

Phone: 1-800-FIGHT-MS (344-4867) (toll-free)
212-986-3240
Fax: 212-986-7981
Email: nat@nmss.org
Website: http://www.nmss.org

The Society is a nonprofit organization providing support and information on the diagnosis and treatment of multiple sclerosis (MS). Contact NMSS for referrals to specialists and local chapter offices. A list of free publications and films on MS is available from local chapters.

National Organization for Rare Disorders (NORD)
PO Box 8923
New Fairfield, CT 06812-8923

Phone: 1-800-999-6673 (toll-free)
203-746-6518
TTY: 203-746-6927
Fax: 203-746-6481
Email: orphan@rarediseases.org
Website: http://www.rarediseases.org

NORD is a federation of voluntary health organizations and individuals, dedicated to helping people with rare diseases and assisting the organizations that serve them. NORD is committed to the identification, treatment, and cure of rare disorders through education, advocacy, research, and service.

National Organization for Victim Assistance (NOVA)
1757 Park Road, NW
Washington, DC 20010

Phone: 202-232-6682
(includes crisis hotline service)
Fax: 202-462-2255
Email: nova@try-nova.org
Website: http://www.try-nova.org

NOVA is a nonprofit organization dedicated to improving services to survivors of violent crimes or disasters. NOVA offers a toll-free, 24-hour crisis counseling hotline that refers victims to support services throughout the country. NOVA provides a list of publications on subjects, including older crime victims, victim assistance, and victim rights.

National Osteoporosis Foundation (NOF)
1232 22nd Street, NW
Washington, DC 20037-1292

Phone: 202-223-2226
Fax: 202-223-2237
Website: http://www.nof.org

NOF is a nonprofit, voluntary health organization dedicated to promoting lifelong bone health to reduce the widespread prevalence of osteoporosis and related fractures. NOF works to find a cure for osteoporosis through research, education, and advocacy. The Foundation provides general information on osteoporosis; its quarterly newsletter and booklets are available through membership.

National Policy and Resource Center on Nutrition and Aging
Department of Dietetics and Nutrition
Florida International University (FIU)
University Park, OE200
Miami, FL 33199

Phone: 305-348-1517
Fax: 305-348-1518
Email: nutreldr@fiu.edu
Website: http://www.fiu.edu/~nutreldr

The FIU Center, funded primarily by the Administration on Aging, works to reduce malnutrition and promotes good nutritional practices among older adults nationwide. The Center provides information dissemination, training and technical assistance, and policy analysis.

National Policy and Resource Center on Women and Aging (NPRCWA)
Heller Graduate School
Brandeis University, Mail Stop 035
PO Box 9110
Waltham, MA 02254-9110

Phone: 1-800-929-1995 (toll-free)
781-736-3866
Fax: 781-736-3865
Email: natwomctr@binah.cc.brandeis.edu
Website: http://www.brandeis.edu/heller/national

NPRCWA focuses on older women's issues and provides policy analysis, research, and assistance to the network of Administration on Aging-funded State and Area Agencies on Aging. The Center provides information and publications on women's health, caregiving, income security, and housing as well as prevention of crime and violence toward older women.

National Prevention Information Network (NPIN)
Centers for Disease Control and Prevention (CDC)
Public Health Service
PO Box 6003
Rockville, MD 20849-6003

Phone: 1-800-458-5231 (toll-free)
301-562-1098
TTY: 1-800-243-7012 (toll-free)
Fax: 1-888-282-7681 (toll-free)
301-562-1050
Email: info@cdcnpin.org
Website: http://www.cdcnpin.org

NPIN, sponsored by the CDC, is a national reference, referral, and distribution service for information on HIV/AIDS, other sexually transmitted diseases, and tuberculosis.

National Psoriasis Foundation (NPF)
6600 SW 92nd Avenue, Suite 300
Portland, OR 97223-7195

Phone: 1-800-723-9166 (toll-free)
503-244-7404
Fax: 503-245-0626
Email: getinfo@npfusa.org
Website: http://www.psoriasis.org

NPF is a nonprofit organization providing free information on psoriasis and psoriatic arthritis research and treatment. NPF provides directories of specialists and products, opportunities to volunteer for research projects, links to support groups, and educational newsletters and booklets.

National Rehabilitation Information Center (NARIC)
1010 Wayne Avenue, Suite 800
Silver Spring, MD 20910-5633

Phone: 1-800-346-2742 (toll-free)
301-562-2400
Fax: 301-562-2401
Email: naricinfo@kra.com
Website: http://www.naric.com

NARIC, funded by the Department of Education, provides information on rehabilitation of people with physical or mental disabilities. Contact NARIC for database searches on all types of physical and mental disabilities, as well as referrals to local and national facilities and organizations. All of NARIC's database information is available online, free.

National Resource and Information Center (NRIC)
Women's Bureau (WB)
Department of Labor
200 Constitution Avenue, NW, Room S-3111
Washington, DC 20210

Phone: 1-800-827-5335 (toll-free)
1-800-347-3741 (toll-free)
TTY: 1-800-326-2577 (toll-free)

NRIC, funded by the WB, provides information on issues of concern to working women, their families, and employers. Contact NRIC for facts on programs such as the Fair Pay Clearinghouse, which provides updates on efforts to identify and eliminate sexism, ageism, racism, and other forms of workplace discrimination. Single copies of publications, such as *Work and Elder Care* and *Hiring Someone to Work in Your Home*, are available free.

National Resource Center: Diversity and Long-Term Care (NRCDLTC)
The Heller School Schneider Institute for Health Policy
Brandeis University
PO Box 9110
Waltham, MA 02454-9110

Phone: 1-800-456-9966 (toll-free)
781-736-3930
Fax: 781-736-3965
Website: http://www.sihp.brandeis.edu

NRCDLTC, a partnership between Brandeis University and San Diego State University, provides information on methods, resources, systems, and services for caring for older people. The Center provides referrals to health policy resources and information on issues of diversity in aging, including disabilities, race, ethnicity, gender, generations, and chronic diseases. A list of publications is available on request.

National Resource Center on Native American Aging (NRCNAA)
PO Box 9037
Grand Forks, ND 58202-9037

Phone: 1-800-896-7628 (toll-free)
701-777-3437
Fax: 701-777-2389
Website: http://www.und.edu/dept/nrcnaa

The Resource Center, funded by the Administration on Aging, provides support, advocacy, and information for older Native Americans, including American Indians, Alaska Natives, and Native Hawaiians. Contact the Center for legal information and references, geriatric leadership training, cultural awareness, and a variety of publications.

National Resource Center on Supportive Housing & Home Modifications
USC Andrus Gerontology Center
3715 McClintock Avenue
Los Angeles, CA 90089-0191

Phone: 213-740-1364
Fax: 213-740-7069
Website: http://www.homemods.org

The Center is funded in association with The Archstone Foundation and The California Endowment. Contact the Center for information on government-assisted housing, assisted living policies, home modifications for older people, training and education courses, and technical assistance. Publications and fact sheets are available.

National Rural Health Association (NRHA)
One West Armour Boulevard, Suite 203
Kansas City, MO 64111

Phone: 816-756-3140
Fax: 816-756-3144
Website: http://www.nrharural.org

NRHA is a nonprofit, professional organization targeting the health care problems unique to rural areas and serving as a liaison between rural health care providers and older people. Contact NRHA for information on health care delivery to rural providers and for its quarterly *Journal of Rural Health.*

National Self-Help Clearinghouse (NSHC)
365 Fifth Avenue, Suite 3300
New York, NY 10016-4309

Phone: 212-817-1822
Fax: 212-817-2990
Email: info@selfhelpweb.org
Website: http://www.selfhelpweb.org

NSHC collects and distributes information about support and self-help groups nationwide. Contact NSHC for publications or referrals to self-help groups, helping networks, and support systems.

National Senior Citizens Education and Research Center (NSCERC)
8403 Colesville Road, Suite 1200
Silver Spring, MD 20910

Phone: 301-578-8900
Fax: 301-578-8947
Website: http://www.nscerc.org

NSCERC is a nonprofit organization providing employment opportunities, conducting research programs and workshops, and publishing its research findings.

National Senior Citizens Law Center (NSCLC)
1101 14th Street, NW, Suite 400
Washington, DC 20005

Phone: 202-289-6976
Fax: 202-289-7224
Email: nsclc@nsclc.org
Website: http://www.nsclc.org

NSCLC offers assistance to Legal Aid Offices and private lawyers working on behalf of low-income older and disabled people. The Center does not accept individual clients but acts as a clearinghouse of information on legal problems such as age discrimination, Social Security, pension plans, Medicaid, Medicare, nursing homes, and protective services.

National Senior Games Association (NSGA)
P.O. Box 82059
Baton Rouge, LA 70884-2059

Phone: 225-766-6800
Fax: 225-766-9115
Website: http://www.nationalseniorgames.org

NSGA is a nonprofit organization promoting healthy lifestyles for older people through education, fitness, and sports. Its website announces Association events and activities and offers videotapes of group activities.

Did You Know?

Lots of health information on the web is available from websites that have paid advertising and/or shopping options. One way to make sure you aren't being sold "a bill of goods" is to check whether the editorial content of a website is separated from advertisements or shopping zones.

National Sleep Foundation (NSF)
1522 K Street, NW, Suite 500
Washington, DC 20005

Phone: 202-347-3471
Fax: 202-347-3472
Email: nsf@sleepfoundation.org
Website: http://www.sleepfoundation.org

NSF is a nonprofit organization providing services and information about sleep disorders. Contact the Foundation for a list of accredited sleep centers and local specialists. A variety of NSF publications on sleep, sleep disorders, and related topics are available.

National STD and AIDS Hotlines
Centers for Disease Control and Prevention (CDC)
Public Health Service
1600 Clifton Road
Atlanta, GA 30333

Phone: 1-800-342-AIDS (2437) (toll-free) (English)
1-800-227-8922 (toll-free) (English)
1-800-344-SIDA (7432) (toll-free) (Spanish)
TTY: 1-880-243-7889 (toll-free)
Email: hivnet@ashastd.org
Website: http://www.ashastd.org

The Hotlines offer information, referrals, and free publications about prevention, risks, and treatment of sexually transmitted diseases.

National Stroke Association (NSA)
9707 East Easter Lane
Englewood, CO 80112-3747

Phone: 1-800-STROKES (787-6537) (toll-free)
303-754-0930
Fax: 303-649-1328
Website: http://www.stroke.org

The Association provides information about stroke prevention, acute treatment, recovery, and rehabilitation to the public. NSA offers referrals to support groups, care centers, and local resources for stroke survivors, caregivers, and family members.

National Urban League
120 Wall Street, 8th Floor
New York, NY 10005

Phone: 212-558-5300
Fax: 212-344-5332
Website: http://www.nul.org

The Urban League is a nonprofit, community service organization helping older African Americans through advocacy and service programs which include health awareness, nutrition, housing, and intergenerational activities. Contact the League for information about its Seniors in Community Service Program, which provides training and part-time employment to low-income, older people. The Health Promotion Project helps local groups plan and carry out disease prevention activities in communities nationwide. Newsletters and bulletins are available.

National Women's Health Information Center (NWHIC)

Phone: 1-800-994-WOMAN (96626) (toll-free)
TTY: 1-888-220-5446 (toll-free)
Email: 4woman@soza.com
Website: http://www.4woman.gov

NWHIC, part of the Federal Government, is an information referral center for women. Spanish language resources are available.

National Women's Health Network (NWHN)
514 10th Street, NW, Suite 400
Washington, DC 20004

Phone: 202-347-1140
Fax: 202-347-1168
Website: http://www.womenshealthnetwork.org

NWHN works to ensure that women have access to quality, affordable health care and lobbies for increased governmental support for women's health care. Contact NWHN for publications on women's health issues.

Native Elder Health Care Resource Center (NEHCRC)
University of Colorado Health Sciences Center
Campus Box A011-13
4455 East 12 Avenue
Denver, CO 80220

Phone: 303-315-9228
Fax: 303-315-9579
Email: dawn.wright@uchsc.edu
Website: http://www.uchsc.edu/ai/nehcrc

NEHCRC promotes the health of older Native people, including Alaska Natives and Native Hawaiians by increasing cultural competence among health care professionals. The Center focuses on four target areas: determining health status, improving medical standards, increasing access to care, and mobilizing community resources. Contact NEHCRC for information on its programs and publications.

NIH Osteoporosis and Related Bone Diseases National Resource Center (NIH-ORBD-NRC)
1232 22nd Street, NW
Washington, DC 20037-1292

Phone: 1-800-624-BONE (2663) (toll-free)
202-223-0344
TTY: 202-466-4315
Fax: 202-293-2356
Email: orbdnrc@nof.org
Website: http://www.osteo.org

The Resource Center provides patients, health professionals, and the public with resources and information on osteoporosis, Paget's disease of the bone, osteogenesis imperfecta, and other metabolic bone diseases. The Center is supported by the National Institute of Arthritis and Musculoskeletal and Skin Diseases and six other Institutes and Offices.

North American Menopause Society (NAMS)
PO Box 94527
Cleveland, OH 44101

Phone: 440-442-7550
Fax: 440-442-2660
Email: info@menopause.org
Website: http://www.menopause.org

NAMS is a nonprofit multidisciplinary organization promoting women's health during midlife and beyond through an understanding of menopause. The Society supports research and serves as a resource for women and health care professionals. Spanish language resources are available.

Office on Smoking and Health (OSH)
Centers for Disease Control and Prevention
Mail Stop K-50
4770 Buford Highway, NE
Atlanta, GA 30341-3741

Phone: 1-800-CDC-1311 (232-1311) (toll-free)
770-488-5705
Fax: 770-488-5939
Email: tobaccoinfo@cdc.gov
Website: http://www.cdc.gov/tobacco

OSH, part of the Federal Government, develops and distributes the annual *Surgeon General's Report on Smoking and Health*. Contact OSH for information on tobacco and for details about the smoking and health database which is available on CD-ROM. Print publications on smoking also are available.

Older Women's League (OWL)
666 11th Street, NW, Suite 700
Washington, DC 20001

Phone: 1-800-TAKE-OWL (825-3695) (toll-free)
1-800-863-1539 (toll-free)
(PowerLine)
202-783-6686
202-783-6689
(PowerLine)
Fax: 202-638-2356
Email: owlinfo@owl-national.org
Website: http://www.owl-national.org

OWL is a national organization advocating for the special concerns of older women. OWL helped develop the Campaign for Women's Health and the Women's Pension Policy Consortium. Contact OWL's 24-hour PowerLine for information about legal and political activity related to health care, access to housing, economic security, individual rights, and violence against women and older people. OWL newsletters are available.

Opticians Association of America (OAA)
7023 Little River Turnpike
Annandale, VA 22003

Phone: 703-916-8856
Fax: 703-916-7966
Email: oaa@oaa.org
Website: http://www.oaa.org

OAA represents the optometric industry and provides information on eye health and industry regulation. OAA sets industry standards for prescription eyeglasses, contact lenses, and low-vision aids and can give referrals to qualified opticians. Contact the OAA for publications on optometry news and information.

Organization of Chinese Americans (OCA)
1001 Connecticut Avenue, NW, Suite 601
Washington, DC 20036

Phone: 202-223-5500
Fax: 202-296-0540
Email: oc@ocanatl.org
Website: http://www.ocanatl.org

OCA advocates for the rights of Chinese Americans. Contact OCA for referrals to legal specialists and legislative information on age discrimination, education, and employment opportunities for Chinese Americans, as well as access to health care and Social Security. OCA also publishes a national directory of Asian and Pacific American organizations.

Paget Foundation for Paget's Disease of Bone and Related Disorders (PF)
120 Wall Street, Suite 1602
New York, NY 10005-4001

Phone: 212-509-5335
Fax: 212-509-8492
Email: PagetFdn@aol.com
Website: http://www.paget.org

PF provides information and programs for consumers and medical professionals about Paget's disease of bone and other bone disorders including primary hyperparathyroidism, fibrous dysplasia, osteoporosis, breast cancer metastatic to bone, and prostate cancer metastatic to bone.

Parkinson's Disease Foundation (PDF)
833 West Washington Boulevard
Chicago, IL 60607

Phone: 1-800-457-6676 (toll-free)
312-733-1893
Fax: 312-664-2344

PDF is a nonprofit organization providing research funding, information, and support services to people with Parkinson's disease. Contact the Foundation for referrals. Publications are available.

Partnership for Caring, Inc. (PFC)
America's Voices for the Dying
1620 Eye Street, NW, Suite 202
Washington, DC 20006

Phone: 1-800-989-9455 (toll-free)
Fax: 202-296-8352
Website: http://www.partnershipforcaring.org

PFC is a national, nonprofit organization providing advocacy, resources, and information on the reform and enhancement of care for the dying. Contact the Partnership for referrals to resources and support groups, legal assistance, and information on end-of-life issues.

Pension and Welfare Benefits Administration (PWBA)
Department of Labor
200 Constitution Avenue, NW, Room N5625
Washington, DC 20210

Phone: 202-219-8776
(Technical Assistance and Inquiries)
1-800-998-7542 (publications)
Fax: 202-219-8141
Website: www.dol.gov/dol/pwba

PWBA, part of the Federal Government, protects the integrity of private pension, health, and other employee benefits plans. The Administration assists workers in obtaining inappropriately denied benefits. Contact PWBA for assistance with technical questions and publications on topics such as pension and health care benefits, 401(k) and cash balance plans, planning for retirement, simplified employee pensions, and retiree health benefits.

Pension Rights Center (PRC)
1140 19th Street, NW, Suite 602
Washington, DC 20036

Phone: 202-296-3776
Fax: 202-833-2472
Email: pnsnrights@aol.com

PRC's Legal Outreach Program advocates for the pension rights of workers, retirees, and their families. Contact the PRC for referrals to pension attorneys or for publications on pension law, divorce, Federal retirement plans, self-help guides on pension problems, or pension plan handbooks. Spanish language resources are available.

President's Council on Physical Fitness and Sports (PCPFS)
Hubert H. Humphrey Building, Room 738-H
200 Independence Avenue, SW
Washington, DC 20201

Phone: 202-690-9000
Fax: 202-690-5211
Website: http://www.fitness.gov

PCPFS is an advisory body to the President and Secretary of the Department of Health and Human Services. The Council promotes opportunities in physical activity, fitness, and sports for all Americans. Contact PCPFS for information on physical activity/fitness, nutrition, health, and Council programs. Publications on physical education and health are available on the website.

Prevent Blindness America (PBA)
500 East Remington Road
Schaumburg, IL 60173

Phone: 1-800-331-2020 (toll-free)
847-843-2020
Fax: 847-843-8458
Email: info@preventblindness.org
Website: http://www.preventblindness.org

PBA sponsors community services and public education about eye care, safety, and the diagnosis, treatment, and prevention of eye diseases. Local chapters offer community services, including vision screenings and self-help groups for those with glaucoma. Contact PBA for information and a list of publications.

Project Aliento
National Association for Hispanic Elderly (Asociación Nacional Pro Personas Mayores)
1452 West Temple Street, Suite 100
Los Angeles, CA 90026

Phone: 213-487-1922
Fax: 213-202-5905

Project Aliento works to make the Administration on Aging-funded network of State and Area Agencies on Aging accessible to older Hispanic people and their families. Contact Project Aliento for information, publications, and videos about community care and in-home support issues, as well as links to the formal aging network. Publications are available in English and Spanish.

Pulmonary Fibrosis Foundation (PFF)
1075 Santa Fe Drive
Denver, Colorado 80204

Phone: 720-932-7850
Fax: 303-825-5078
Email: breathe@pulmonaryfibrosis.org
Website: http://www.pulmonaryfibrosis.org

PFF is a private, nonprofit organization providing assistance, resources, and information on pulmonary fibrosis and its related illnesses. Contact PFF for information on the diagnosis and treatment of PF and idiopathic pulmonary fibrosis, as well as referrals to specialists, resources, and support groups. Publications are available.

Restless Legs Syndrome Foundation
819 Second Street, SW
Rochester, MN 55902

Phone: 507-287-6465
Fax: 507-287-6312
Email: RLSFoundation@rls.org
Website: http://www.rls.org/foundation

The Foundation is a nonprofit agency that provides information about restless legs syndrome. It develops support groups and seeks to find better treatments and a definitive cure.

Robert Wood Johnson Foundation (RWJF)
Route 1 College Road
Princeton, NJ 08543

Phone: 609-452-8701
Fax: 609-987-8845
Email: mail@rwjf.org
Website: http://www.rwjf.org

The RWJ Foundation is a private, philanthropic organization that supports basic health services and pursues improved services for people with chronic illnesses, prevention of substance abuse, and control of health care costs. Publications about the Foundation's programs on health care issues are available.

Self Help for Hard of Hearing People, Inc. (SHHH)
7910 Woodmont Avenue, Suite 1200
Bethesda, MD 20814

Phone: 301-657-2248
Fax: 301-913-9413
Email: national@shhh.org
Website: http://www.shhh.org

SHHH provides information and services for people who are hard of hearing, including assistance on education, legal issues, and self-help. Local SHHH chapters can provide information on community references and referrals to specialists. Contact SHHH for information on coping with hearing problems, hearing aids, and educational workshops for older people with hearing loss. A list of publications and materials is available.

Senior Job Bank
PO Box 30064
Savannah, GA 31410

Email: info@seniorjobbank.org
Website: http://www.seniorjobbank.org

Senior Job Bank is an online resource that provides free job information and resources for members. Contact the Job Bank to find listings for occasional, part-time, flexible, temporary, or full-time jobs for older people.

SeniorNet (SN)
121 Second Street, 7th Floor
San Francisco, CA 94105

Phone: 1-800-747-6848 (toll-free)
415-495-4990
Fax: 415-495-3999
Email: press@seniornet.org
Website: http://www.seniornet.org

SeniorNet is a nonprofit, educational organization that provides information and services to help older people become computer literate. Locally funded SN teaching sites offer introductory computer classes on various topics, providing older people with discounts on computer hardware, software, and publications. Members can access SN from any online computer and order publications on buying and using computers.

Simon Foundation for Continence
PO Box 835
Wilmette, IL 60091

Phone: 1-800-237-4666 (toll-free)
847-864-3913
Fax: 847-864-9758
Website: http://www.simonfoundation.org

The Simon Foundation is a nonprofit, educational organization providing information on urinary and bowel incontinence. It offers support to people with incontinence and publications on its diagnosis and treatment. A guide booklet and videotapes are available.

The Skin Cancer Foundation
245 Fifth Avenue
New York, NY 10016

Phone: 1-800-SKIN-490 (754-6490) (toll-free)
212-725-5176
Fax: 212-725-5751
Website: http://www.skincancer.org

The Skin Cancer Foundation is a nonprofit organization providing information on the detection and treatment of skin cancer. The Foundation's brochures, newsletters, posters, and a new membership program give medical information and practical guidance on skin cancer. Send a self-addressed, stamped envelope for a list of publications.

Social Security Administration (SSA)
Office of Public Inquiries
6401 Security Boulevard
Baltimore, MD 21235

Phone: 1-800-772-1213 (toll-free)
Fax: 410-965-0695
Website: http://www.ssa.gov

SSA, part of the Federal Government, is the agency responsible for Social Security retirement programs, survivor benefits, disability insurance, and Supplemental Security Income. Contact SSA for information and assistance with Social Security benefits as well as eligibility and disability issues. A directory is available listing the SSA offices in each state. Spanish language resources are available.

Society for Neuroscience
11 Dupont Circle, NW, Suite 500
Washington, DC 20036

Phone: 202-462-6688
Fax: 202-462-1547
Email: info@sfn.org
Website: http://www.sfn.org

The Society is an organization of scientists and physicians interested in the brain, spinal cord, and peripheral nervous system. Members seek to advance an understanding of the nervous system by encouraging research, promoting education in the neurosciences, and informing the public about the results of research. Contact the Society for the fact sheet series called *Brain Briefings*, short newsletters explaining how basic neuroscience research leads to clinical applications.

SPRY Foundation
10 G Street, NE, Suite 600
Washington, DC 20002

Phone: 202-216-0401
Fax: 202-216-0779
Email: info@spry.org
Website: http://www.spry.org

SPRY–Setting Priorities for Retirement Years–is a nonprofit foundation that develops research and education programs to help older adults plan for a healthy and financially secure future. The website links consumers to national resources.

Substance Abuse and Mental Health Services Administration (SAMSHA)
Department of Health and Human Services
5600 Fishers Lane
Rockville, MD 20857

Phone: 1-800-729-6686 (toll-free)
(National Clearinghouse for Alcohol and Drug Information-NCADI)
TTY: 1-800-487-4889 (toll-free)
Fax: 301-468-7394
Email: info@samhsa.gov
Website: http://www.samhsa.gov

SAMHSA, part of the Federal Government, is responsible for improving the quality and availability of prevention, treatment, and rehabilitation services in order to reduce the illness, death, disability, and cost resulting from substance abuse and mental illness. Spanish language resources are available from NCADI.

United Seniors Health Council (USHC)
409 3rd Street, NW, Suite 200
Washington, DC 20024

Phone: 1-800-637-2604 (toll-free)
(orders only)
202-479-6973
Fax: 202-479-6660
Email: info@unitedseniorshealth.org
Website: www.unitedseniorshealth.org
www.eldergames.org

USHC is a nonprofit organization dedicated to helping older consumers, caregivers, and professionals. The Council produces publications on topics such as financial planning, managed care, and long-term care insurance. The Council pioneered a Health Insurance Counseling Program, which helps consumers understand their many insurance options. Its Eldergames program is a comprehensive series of materials designed to stimulate the imagination and memories of older people.

United Way of America
701 North Fairfax Street
Alexandria, VA 22314-2045

Phone: 1-800-892-2757 (toll-free)
703-836-7100
Fax: 703-683-7813
Website: http://www.unitedway.org

United Way is a philanthropic organization providing support for community programs. Contact the United Way to find local chapters linking people with resources such as dental and health services for low-income people or to volunteer for service programs in the community.

Vestibular Disorders Association (VEDA)
PO Box 4467
Portland, OR 97208-4467

Phone: 1-800-837-8428 (toll-free)
503-229-7705
Fax: 503-229-8064
Email: veda@vestibular.org
Website: http://www.vestibular.org

VEDA is a nonprofit organization providing information and support for people with disorders such as Meniere's disease, BPPV, and labyrinthitis. The Association provides lists of clinics and vestibular specialists and offers information on disorders of the inner ear and management and diagnosis of dizzy spells. Publications are available on recent advances, rehabilitation, and support therapy.

Visiting Nurse Associations of America (VNAA)
11 Beacon Street, Suite 910
Boston, MA 02108

Phone: 1-888-866-8773 (toll-free)
617-523-4042
Fax: 617-227-4843
Email: vnaa@vnaa.org
Website: http://www.vnaa.org

VNAA is an association of nonprofit, community-based home health care providers. Visiting nurses offer quality in-home medical care including physical, speech, and occupational therapy; social services; and nutritional counseling. Local agencies operate adult day-care centers, wellness clinics, hospices, and meals-on-wheels programs. A fact sheet and caregiver's handbook are available.

Volunteers of America
1660 Duke Street
Alexandria, VA 22314

Phone: 1-800-899-0089 (toll-free)
703-341-5000
Fax: 703-341-7000
Website: http://www.VolunteersofAmerica.org

Volunteers of America is a national, nonprofit, spiritually-based organization providing local human service programs and opportunities for individual community involvement. Specific programs include housing, assisted living, meals-on-wheels, transportation, and health care services.

Well Spouse Foundation (WSF)
30 East 40th Street
New York, NY 10016

Phone: 1-800-838-0879 (toll-free)
212-685-8815
Fax: 212-685-8676
Email: wellspouse@aol.com
Website: http://www.wellspouse.org

WSF is a nonprofit association of spousal caregivers. It offers support to the wives, husbands, and partners of chronically ill or disabled people. The Foundation has lists of support groups nationwide and sponsors recreational respite opportunities.

Did You Know?

There is no single correct way to search for information on the Internet. The only meaningful measure of success is if you get the results you desire. It's a good idea to try to use multiple search services to increase the likelihood of your results being complete.

Young Men's Christian Association (YMCA)
101 North Wacker Drive, 14th Floor
Chicago, IL 60606

Phone: 1-800-USA-YMCA (872-9622) (toll-free)
312-977-0031
Fax: 312-977-9063
Website: http://www.ymca.net

YMCA is a membership organization providing physical fitness and health programs. Local YMCAs nationwide design Active Older Adult programs to meet the needs of older members, provide volunteer opportunities for senior citizens, and offer intergenerational programs.

Young Women's Christian Association (YWCA)
350 Fifth Avenue, Suite 301
New York, NY 10118

Phone: 212-273-7800
Fax: 212-465-2281
Website: http://www.ywca.org

YWCA is a membership organization providing health, fitness, and community services for women. Educational workshops, recreational activities, and counseling services are available. ENCORE programs for women after breast cancer surgery combine group discussion with exercise to promote recovery. Informational brochures are available.

Appendix A: State Agencies on Aging

Appendix A: State Agencies on Aging

ALABAMA

Alabama Department of Senior Services
RSA Plaza, Suite 470
770 Washington Avenue
Montgomery, AL 36130 - 1851
(334) 242-5743
FAX: (334) 242 5594
http://www.adss.state.al.us/

ALASKA

Alaska Commission on Aging
Division of Senior Services
Department of Administration
PO Box 110209
Juneau, AK 99811-0209
(907) 465-3250
FAX: (907) 465-4716
http://www.adss.state.al.us/

AMERICAN SAMOA

Territorial Administration on Aging
Government of American Samoa
Pago Pago, American Samoa 96799
011-684-633-2207
FAX: 011-864-633-2533 or 633-7723

ARIZONA

Aging and Adult Administration
Department of Economic Security
1789 West Jefferson Street - #950A
Phoenix, AZ 85007
(602) 542-4446
FAX: (602) 542-6575
http://www.de.state.az.us/links/aaa/page1.html

ARKANSAS

Division Aging and Adult Services
Arkansas Department of Human Services
PO Box 1437, Slot 1412
1417 Donaghey Plaza
South Little Rock, AR 72203 - 1437
(501) 682-2441
FAX: (501) 682-8155
http://www.state.ar.us/dhs/aging/

CALIFORNIA

California Department of Aging
1600 K Street
Sacramento, CA 95814
(916) 322-5290
FAX: (916) 324-1903
http://www.aging.state.ca.us/

COLORADO

Aging and Adult Services
Colorado Department of Human Services
1575 Sherman Street, Ground Floor
Denver, CO 80203
(303) 866-2800
FAX: (303) 866-2696
http://www.cdhs.state.co.us/oss/aas/index1.html

CONNECTICUT

Division of Elderly Services
25 Sigourney Street, 10th Floor
Hartford, CT 06106-5033
(860) 424-5298
FAX: (860) 424-4966
http://www.dss.state.ct.us/

DELAWARE

Delaware Division of Services for Aging and Adults with Physical Disabilities
Department of Health and Social Services
1901 North DuPont Highway
New Castle, DE 19720
(302) 577-4791
FAX: (302) 577-4793
http://www.dsaapd.com/index.htm

DISTRICT OF COLUMBIA

District of Columbia Office on Aging
One Judiciary Square - 9th Floor
441 Fourth Street, NW
Washington, DC 20001
(202) 724-5622
FAX: (202) 724-4979
http://www.ci.washington.dc.us/aging/aghome.htm

FLORIDA

Department of Elder Affairs
Building B - Suite 152
4040 Esplanade Way
Tallahassee, FL 32399-7000
(850) 414-2000
FAX: (850) 414-2004
http://www.elderaffairs.state.fl.us/

GEORGIA

Division of Aging Services
Department of Human Resources
2 Peachtree Street NE, 36th Floor
Atlanta, GA 30303 - 3176
(404) 657-5258
FAX: (404) 657-5285
http://www.state.ga.us/Departments/DHR/aging.html

GUAM

Division of Senior Citizens
Department of Public Health & Social Services
PO Box 2816
Agana, Guam 96910
011-671-475-0263
FAX: 671-477-2930

HAWAII

Hawaii Executive Office on Aging
250 South Hotel Street, Suite 109
Honolulu, HI 96813 - 2831
(808) 586-0100
FAX (808) 586-0185
http://www.hawaii.gov/health/eoa/

IDAHO

Idaho Commission on Aging
PO Box 83720
Boise, ID 83720-0007
(208) 334-3833
FAX: (208) 334-3033
http://www.idahoaging.com/

ILLINOIS

Illinois Department on Aging
421 East Capitol Avenue, Suite 100
Springfield, IL 62701-1789
(217) 785-2870
Chicago Office: (312) 814-2916
FAX: (217) 785-4477
http://www.state.il.us/aging/

INDIANA

Bureau of Aging and In-Home Services
Division of Disability, Aging and Rehabilitative Services
Family and Social Services Administration
402 W. Washington Street, #W454
PO Box 7083
Indianapolis, IN 46207-7083
(317) 232-7020
FAX: (317) 232-7867
http://www.state.in.us/fssa/elderly/index.html

IOWA

Iowa Department of Elder Affairs
Clemens Building, 3rd Floor
200 Tenth Street
Des Moines, IA 50309-3609
(515) 242-3333
FAX: (515) 242-3300
http://www.state.ia.us/elderaffairs/

KANSAS

Department on Aging
New England Building
503 S. Kansas Avenue
Topeka, KS 66603-3404
(785) 296-4986
FAX: 785-296-0256
http://www.k4s.org/kdoa

KENTUCKY

Office of Aging Services
Cabinet for Families and Children
Commonwealth of Kentucky
275 East Main Street
Frankfort, KY 40621
(502) 564-6930
FAX: (502) 564-4595
http://chs.state.ky.us/aging/

LOUISIANA

Governor's Office of Elderly Affairs
PO Box 80374
Baton Rouge, LA 70898 - 0374
(225) 342-7100
FAX: (225) 342-7133
http://www.gov.state.la.us/departments/elderly.htm

MAINE

Bureau of Elder and Adult Services
Department of Human Services
35 Anthony Avenue
State House - Station #11
Augusta, ME 04333
(207) 624-5335
FAX: 624-5361
http://www.state.me.us/dhs/beas

MARYLAND

Maryland Department of Aging
State Office Building, Room 1007
301 West Preston Street
Baltimore, MD 21201-2374
(410) 767-1100
FAX: (410) 333-7943
http://www.mdoa.state.md.us/

MASSACHUSETTS

Massachusetts Executive Office of Elder Affairs
One Ashburton Place, 5th Floor
Boston, MA 02108
(617) 727-7750
FAX: (617) 727-9368
http://www.state.ma.us/elder/

MICHIGAN

Michigan Office of Services to the Aging
611 W. Ottawa, N. Ottawa Tower, 3rd Floor
PO Box 30676
Lansing, MI 48909
(517) 373-8230
FAX: (517) 373-4092
http://www.mdch.state.mi.us/mass/masshome.html

MINNESOTA

Minnesota Board on Aging
444 Lafayette Road
St. Paul, MN 55155-3843
(651) 296-2770
TTY: (800) 627-3529
FAX: (651) 297-7855
http://www.mnaging.org/

MISSISSIPPI

Division of Aging and Adult Services
750 N. State Street
Jackson, MS 39202
(601) 359-4925
FAX: (601) 359-4370
http://www.mdhs.state.ms.us/aas.html

MISSOURI

Division on Aging
Department of Social Services
PO Box 1337
615 Howerton Court
Jefferson City, MO 65102-1337
(573) 751-3082
FAX: (573) 751-8687
http://www.dss.state.mo.us/da/da.htm

MONTANA

Senior and Long Term Care Division
Department of Public Health & Human Services
PO Box 4210
111 Sanders, Room 211
Helena, MT 59620
(406) 444-4077
FAX: (406) 444-7743
http://www.dphhs.state.mt.us/sltc

NEBRASKA

Division on Aging
Department of Health and Human Services
PO Box 95044
1343 M Street
Lincoln, NE 68509-5044
(402) 471-2307
FAX: (402) 471-4619
http://www.hhs.state.ne.us/ags/agsindex.htm

NEVADA

Nevada Division for Aging Services
Department of Human Resources
State Mail Room Complex
3416 Goni Road, Building D-132
Carson City, NV 89706
(775) 687-4210
FAX: (775) 687-4264
http://www.state.nv.us/hr/aging/

NEW HAMPSHIRE

Division of Elderly and Adult Services
State Office Park South
129 Pleasant Street, Brown Building #1
Concord, NH 03301
(603) 271-4680
FAX: (603) 271-4643
http://www.dhhs.state.nh.us/

NEW JERSEY

New Jersey Division of Senior Affairs
Department of Health and Senior Services
PO Box 807
Trenton, New Jersey 08625-0807
(609) 943-3436
1-800-792-8820
FAX: (609) 588-3317
http://www.state.nj.us./health/senior/sraffair.htm

NEW MEXICO

State Agency on Aging
La Villa Rivera Building
228 East Palace Avenue Ground Floor
Santa Fe, NM 87501
(505) 827-7640
FAX: (505) 827-7649
http://www.nmaging.state.nm.us/

NEW YORK

New York State Office for the Aging
2 Empire State Plaza
Albany, NY 12223-1251
1-800-342-9871
(518) 474-5731
FAX: (518) 474-0608
http://aging.state.ny.us/nysofa/

NORTH CAROLINA

Division of Aging
Department of Health and Human Services
2101 Mail Service Center
Raleigh, NC 27699-2101
(919) 733-3983
FAX: (919) 733-0443
http://www.state.nc.us/DHR/DOA/home.htm

NORTH DAKOTA

Aging Services Division
Department of Human Services
600 South 2nd Street, Suite 1C
Bismarck, ND 58504
(701) 328-8910
1-800-451-8693
TDD (701) 328-8968
FAX: (701) 328-8989
http://lnotes.state.nd.us/dhs/dhsweb.nsf/Service Pages/AgingServices

NORTH MARIANA ISLANDS

CNMI Office on Aging
PO Box 2178
Commonwealth of the Northern Mariana Islands
Saipan, MP 96950
(670) 233-1320/1321
FAX: (670) 233-1327/0369

OHIO

Ohio Department of Aging
50 West Broad Street - 9th Floor
Columbus, OH 43215-5928
(614) 466-5500
FAX: (614) 466-5741
http://www.state.oh.us/age/

OKLAHOMA

Aging Services Division
Department of Human Services
PO Box 25352
312 NE 28th Street
Oklahoma City, OK 73125
(405) 521-2281
FAX: (405) 521-2086
http://www.okdhs.org/aging

OREGON

Senior and Disabled Services Division
500 Summer Street, NE, 3rd Floor
Salem, OR 97301-1073
(503) 945-5811
FAX: (503) 373-7823
http://www.sdsd.hr.state.or.us/

PENNSYLVANIA

Pennsylvania Department of Aging
Commonwealth of Pennsylvania
Forum Place
555 Walnut Street, 5th floor
Harrisburg, PA 17101-1919
(717) 783-1550
FAX: (717) 772-3382
http://www.aging.state.pa.us/

PUERTO RICO

Governor's Office of Elderly Affairs
Commonwealth of Puerto Rico
Call Box 50063
Old San Juan Station, PR 00902
(787) 721-5710
(787) 721-4560
(787) 721-6121
FAX: (787) 721-6510

RHODE ISLAND

Department of Elderly Affairs
160 Pine Street
Providence, RI 02903-3708
(401) 222-2858
FAX: (401) 222-2130
http://www.state.ri.us/manual/data/queries/stdepartment_.idc?id=23

SOUTH CAROLINA

Office of Senior and Long Term Care Services
Department of Health and Human Services
PO Box 8206
Columbia, SC 29202-8206
(803) 898-2501
FAX: (803) 898-4515
http://www.dhhs.state.sc.us/

SOUTH DAKOTA

Office of Adult Services and Aging
Richard F. Kneip Building
700 Governors Drive
Pierre, SD 57501-2291
(605) 773-3656
FAX: (605) 773-6834
http://www.state.sd.us/social/ASA/index.htm

TENNESSEE

Commission on Aging
Andrew Jackson Building, 9th floor
500 Deaderick Street
Nashville, Tennessee 37243-0860
(615) 741-2056
FAX: (615) 741-3309
http://www.state.tn.us/comaging/

TEXAS

Texas Department on Aging
4900 North Lamar, 4th Floor
Austin, TX 78751 - 2316
(512) 424-6840
FAX: (512) 424-6890
http://www.texas.gov/agency/340.html

UTAH

Division of Aging & Adult Services
Box 45500
120 North 200 West
Salt Lake City, UT 84145-0500
(801) 538-3910
FAX: (801) 538-4395
http://www.hsdaas.state.ut.us/SrvAge.htm

VERMONT

Vermont Department of Aging and Disabilities
Waterbury Complex
103 South Main Street
Waterbury, VT 05671 - 2301
(802) 241-2400
FAX: (802) 241-2325
http://www.dad.state.vt.us/

VIRGINIA

Virginia Department for the Aging
1600 Forest Avenue, Suite 102
Richmond, VA 23229
(804) 662-9333
FAX: (804) 662-9354
http://www.aging.state.va.us/

VIRGIN ISLANDS

Virgin Islands Department of Human Services
Knud Hansen Complex, Building A
1303 Hospital Ground
Charlotte Amalie, VI 00802
(340) 774-0930
FAX: (340) 774-3466

WASHINGTON

Aging and Adult Services Administration
Department of Social & Health Services
PO Box 45050
Olympia, WA 98504-5050
(360) 725-2310
In-state only: 1-800-422-3263
FAX: (360) 438-8633
http://www.aasa.dshs.wa.gov/

WEST VIRGINIA

West Virginia Bureau of Senior Services
Holly Grove - Building 10
1900 Kanawha Boulevard East
Charleston, WV 25305
(304) 558-3317
FAX: (304) 558-5699
http://www.state.wv.us/seniorservices/

WISCONSIN

Bureau of Aging and Long Term Care Resources
Department of Health and Family Services
1 West Wilson Street, Room 450
Madison, WI 53707-7850
(608) 266-2536
FAX: (608) 267-3203
http://www.dhfs.state.wi.us/Aging/

WYOMING

Division on Aging
Wyoming Department of Health
6101 Yellowstone Road, Suite 259B
Cheyenne, WY 82002-0710
(307) 777-7986
FAX: (307) 777-5340
http://wdhfs.state.wy.us/aging/index.html

Appendix B: State Long-Term Care Ombudsman Programs

Appendix B: State Long-Term Care Ombudsman Programs

ALABAMA

State Long-Term Care Ombudsman
Commission on Aging
RSA Plaza, Suite 470
770 Washington Avenue
Montgomery, AL 36130
(334) 242-5743
FAX: (334) 242-3862

ALASKA

State Long-Term Care Ombudsman
Older Alaskans Commission
3601 C Street, Suite 260
Anchorage, AK 99503-5209
(907) 334-4480
FAX: (907) 334-4486

ARKANSAS

State Long-Term Care Ombudsman
Arkansas Division of Aging & Adult Services
PO Box 1437, Slot 1412
Little Rock, AR 72201-1437
(501) 682-2441
FAX: (501) 682-8155

ARIZONA

State Long-Term Care Ombudsman
Aging and Adult Administration
Department of Economic Security
1789 West Jefferson - 950A
Phoenix, AZ 85007
(602) 542-4446
FAX: (602) 542-6575

CALIFORNIA

State Long-Term Care Ombudsman
Department of Aging
1600 K Street
Sacramento, CA 95814
(916) 324-3968
FAX: (916) 323-7299

COLORADO

State Long-Term Ombudsman
The Legal Center
455 Sherman Street, Suite 130
Denver, CO 80203
(303) 722-0300 ext. 217
FAX: (303) 722-0720

CONNECTICUT

State Long-Term Care Ombudsman
Department on Aging
25 Sigourney Street - 10th Floor
Hartford, CT 06106-5033
(860) 424-5200 ext. 5221
FAX: (860) 424-4966

DELAWARE

State Long-Term Care Ombudsman
Delaware Services for Aging and Adults
1901 North Dupont Highway
Main Administration Building Annex
New Castle, DE 19702
(302) 577-4791
FAX: (302) 577-4793

DISTRICT OF COLUMBIA

Long-Term Care Ombudman
AARP - Legal Counsel for the Elderly
601 E Street, NW, 4th Floor, Building A
Washington, DC 20049
(202) 434-2140
FAX: (202) 434-6595

FLORIDA

Florida State Long-Term Care Ombudsman Council
Holland Building, Rm. 270
600 South Calhoun Street
Tallahassee, FL 32301
1-888-831-0404
FAX: (850) 488-5657

GEORGIA

State Long-Term Care Ombudsman
Division of Aging Services
2 Peachtree Street NW, 36th Floor
Suite 36-385
Atlanta, GA 30303-3176
(888) 454-5826
FAX: (404) 463-8384

HAWAII

State Long-Term Care Ombudsman
Executive Office on Aging
Office of the Governor
250 South Hotel Street, Suite 107
Honolulu, HI 96813-2831
(808) 586-0100
FAX: (808) 586-0185

IDAHO

State Long-Term Care Ombudsman
Commission on Aging
PO Box 83720
3380 American Terrace, Suite 1
Boise, ID 83720-0007
1-877-471-2777
FAX: (208) 334-3033

ILLINOIS

State Long-Term Care Ombudsman
Illinois Department on Aging
421 East Capitol Avenue, Suite 100
Springfield, IL 62701-1789
(217) 785-3143
FAX: (217) 524-9644

INDIANA

State Long-Term Care Ombudsman
Division of Aging & Rehabilitation Services
PO Box 7083-W454
402 W. Washington Street
Indianapolis, IN 46207-7083
1-800-545-7763
FAX: (317) 232-7867

IOWA

State Long-Term Care Ombudsman
Iowa Department of Elder Affairs
Clemens Building
200 10th Street, 3rd Floor
Des Moines, IA 50309-3609
(515) 242-3327
FAX: (515) 242-3300

KANSAS

Office of the State Long-Term Care Ombudsman
610 SW 10th Street, 2nd Floor
Topeka, KS 66612-1616
(785) 296-3017
FAX: (785) 296-3916

KENTUCKY

State Long-Term Care Ombudsman
Division of Family/Children Services
275 E Main St - 5th Fl W
Frankfort, KY 40621
1-800-372-2991
FAX: (502)-564-4595

LOUISIANA

State Long-Term Care Ombudsman
Governor's Office of Elderly Affairs
412 N. 4th Street - 3rd Floor
PO Box 80374
Baton Rouge, LA 70802
(225) 342-7100
FAX: (225) 342-7144

MAINE

Maine State Long-Term Care
Ombudsman Program
1 Weston Court
PO Box 128
Augusta, ME 04332
(207) 621-1079
FAX: (207) 621-0509

MARYLAND

State Long-Term Care Ombudsman
Office on Aging
State Office Building, Room 1007
301 West Preston Street
Baltimore, MD 21201
(410) 767-1074
FAX: (410) 333-7943

MASSACHUSETTS

State Long-Term Care Ombudsman
Executive Office of Elder Affairs
1 Ashburton Place, 5th floor
Boston, MA 02108-1518
(617) 727-7750
FAX: (617) 727-9368

MICHIGAN

State Long-Term Care Ombudsman
Citizens for Better Care
4750 Woodward Avenue, Suite 410
Detroit, MI 48201-1308
(313) 832-6387
FAX: (313) 832-7407

MINNESOTA

Office of Ombudsman for Older Minnesotans
121 East Seventh Place, Suite 410
St. Paul, MN 55101
1-800-657-3591
FAX: (651) 297-5654

MISSISSIPPI

State Long-Term Care Ombudsman
Division of Aging & Adult Services
750 North State Street
Jackson, MS 39202
(601) 359-4929
FAX: (601) 359-4970

MISSOURI

State Long-Term Care Ombudsman
Division on Aging
Department of Social Services
PO Box 1337
615 Howerton Court
Jefferson City, MO 65102-1337
1-800-309-3282
FAX: (573) 751-8687

MONTANA

State Long-Term Care Ombudsman
Office on Aging
Department of Health and Human Services
Senior & Long-Term Care Division
PO Box 4210, 111 Sanders
Helena, MT 59604-4210
1-800-551-3191
FAX: (406) 444-7743

NEBRASKA

State Long-Term Care Ombudsman
Department on Aging
PO Box 95044
301 Centennial Mall-South
Lincoln, NE 68509-5044
(402) 471-2307
FAX: (402) 471-4619

NEVADA

State Long-Term Care Ombudsman
Nevada Division for Aging Services
445 Apple Street #104
Reno, NV 89502
(775) 688-2964
FAX: (775) 688-2969

NEW HAMPSHIRE

State Long-Term Care Ombudsman
Division of Elderly & Adult Services
129 Pleasant Street
Concord, NH 03301-3857
(603) 271-4375
FAX: (603) 271-4771

NEW JERSEY

State Long-Term Care Ombudsman for
Institutionalized Elderly
PO Box 807
Trenton, NJ 08625-0807
(609) 943-4026
FAX: (609) 588-3365

NEW MEXICO

State Long-Term Care Ombudsman
State Agency on Aging
1410 San Pedro Ne
Albuquerque, NM 87110
(505) 255-0971
FAX: (505) 255-5602

NEW YORK

State Long-Term Care Ombudsman
Office for the Aging
2 Empire State Plaza
Agency Building #2
Albany, NY 12223-0001
(518) 474-0108
FAX: (518) 474-7761

NORTH CAROLINA

State Long-Term Care Ombudsman
Division of Aging
693 Palmer Drive
Caller Box# 29531
Raleigh, NC 27626-0531
(919) 733-8395
FAX: (919) 715-0868

NORTH DAKOTA

State Long-Term Care Ombudsman
Aging Services Division, DHHS
600 South 2nd Street, Suite 1C
Bismarck, ND 58504
1-800-451-8693
FAX: (701) 328-8989

OHIO

State Long-Term Care Ombudsman
Department of Aging
50 West Broad Street - 9th Floor
Columbus, OH 43215-5928
(614) 644-7922
FAX: (614) 644-5201

OKLAHOMA

State Long-Term Care Ombudsman
Aging Services Division, DHS
312 NE 28th Street - Suite 109
Oklahoma City, OK 73105
(405) 521- 6734
FAX: (405) 521-2086

OREGON

Office of the Long Term Care Ombudsman
3855 Wolverine NE, Suite 6
Salem, OR 97305 - 1251
(503) 378-6533
FAX: (503) 373-0852

PENNSYLVANIA

State Long-Term Care Ombudsman
Department of Aging
555 Walnut Street, 5th Floor
PO Box 1089
Harrisburg, PA 17101
(717) 783-7247
FAX: (717) 783-3382

PUERTO RICO

State Long-Term Care Ombudsman
Governor's Office for Elder Affairs
Call Box 50063, Old San Juan Station
San Juan, Puerto Rico 00902
(787) 725-1515
FAX: (787) 721-6510

RHODE ISLAND

State Long-Term Care Ombudsman
Alliance for Better Long-Term Care
422 Post Road, Suite 204
Warwick, RI 02888
(401) 785-3340
FAX: (401) 785-3340

SOUTH CAROLINA

State Long-Term Care Ombudsman
Division on Aging
1801 Main Street
PO Box 8206
Columbia, SC 29202-8206
(803) 898-2850
FAX: (803) 898-4513

SOUTH DAKOTA

State Long-Term Care Ombudsman
Office of Adult Services & Aging
700 Governors Drive
Pierre, SD 57501-2291
(605) 773-3656
FAX: (605) 773-6834

TENNESSEE

State Long-Term Care Ombudsman
Commission on Aging
Andrew Jackson Building, 9th Floor
500 Deaderick Street
Nashville, TN 37243-0860
(615) 741-2056
FAX: (615) 741-3309

TEXAS

State Long-Term Care Ombudsman
Department on Aging
4900 North Lamar Boulevard, 4th Floor
PO Box 12786
Austin, TX 78751-2316
(512) 424-6875
FAX: (512) 424-6890

UTAH

State Long-Term Care Ombusman
Division of Aging and Adult Services
Department Of Social Services
120 North 200 West, Room 401
Salt Lake City, Utah 84103
(801) 538-3924
FAX: (801) 538-4395

VERMONT

State Long-Term Care Ombudsman
Vermont Legal Aid, Inc.
PO Box 1367
Burlington, VT 05402
(802) 863-5620
FAX: (802) 863-STET (7838)

VIRGINIA

State Long-Term Care Ombudsman
Virginia Association of Area Agencies on Aging
530 East Main Street, Suite 428
Richmond, Virginia 23219
1-800-552-3402
FAX: (804) 644-5640

WASHINGTON

State Long-Term Care Ombudsman
South King County Multi-Services Center
1200 South 336th Street
PO Box 23699
Federal Way, WA 98093
(253) 838-6810
FAX: (253) 874-7831

WEST VIRGINIA

State Long-Term Care Ombudsman
Commission on Aging
1900 Kanawha Boulevard East
Charleston, WV 25309
(304) 558-3317
FAX: (304) 558-0004

WISCONSIN

State Long-Term Care Ombudsman
Board on Aging and Long-Term Care
214 North Hamilton Street
Madison, WI 53703-2118
1-800-815-0015
FAX: (608) 261-6570

WYOMING

State Long-Term Care Ombudsman
Wyoming Senior Citizens, Inc.
756 Gilchrist, PO Box 94
Wheatland, WY 82201
(307) 322-5553
FAX: (307) 322-3283

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