

Long-Term Care Services in the States

See Also: [Care/Case Management](#), [Adult Day Care](#), [Nursing Homes](#), [Assisted Living](#), [Care Giving Issues](#), and [Disability and Aging](#)

Long -term care (LTC) refers to the medical, social, personal care, and supportive services needed by people who have lost capacity for self-care because of a chronic illness or condition. It is distinct from acute health care in its duration and resistance to recovery of function through continuation of therapeutic measures. Long term care includes health care and supportive services for tasks of every day living including housekeeping, chore services and transportation. A beneficiary of long term care may live in a nursing home or in a less restrictive environment including assisted living facilities and single family residences. Family caregivers can be supported with professional care such as adult day services and caregiver respite programs offering temporary relief of responsibility for caregiving.

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Overviews

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(National Governors Association)

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Home and Community Based Long Term Care

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http://research.aarp.org/health/fs90_hcbs.html

Long Term Care Across the States 2002

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(Georgetown University Long Term Care Financing Project,
Kaiser Family Foundation)

http://www.kaisernetwork.org/health_cast/uploaded_files/choicesfull.pdf

Beyond 50.03: A Report to the Nation on Independent Living and Disability

(Public Policy Institute, AARP)

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Practice Profile Database

(U.S. Department of Health and Human Services)

<http://www.directcareclearinghouse.org/practices/index.jsp>

Expanding Home and Community-Based Services for the Elderly

(The Century Foundation)

<http://www.coalitionforaging.org/expand1.pdf>

Understanding Home and Community Based Services: A Primer

(Assistant Secretary for Planning and Evaluation, U.S. Department of Health and Human Services)

<http://aspe.hhs.gov/daltcp/reports/primer.htm>

New Freedom Initiative

(U.S. Department of Health and Human Services)

<http://www.hhs.gov/newfreedom/>

The Fiscal Survey of States, 2003

(National Association of State Budget Officers)

<http://www.nasbo.org/Publications/fiscalsurvey/fs-spring20030813.pdf>

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(National Council on Aging)

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History of Long Term Care

(ElderCare Web)

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(Congressional Budget Office)

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Medicaid Home and Community Long Term Care

Centers for Medicare and Medicaid Services

1115 Waiver Research and Demonstration Projects

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Medicaid Home and community-Based Services Waivers

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State Waiver Programs and Demonstrations (map)

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Independence Plus: A Demonstration Program for Family or Individual

Directed Community Services

<http://www.cms.gov/independenceplus/summary.pdf>

Program of All Inclusive Care for the Elderly

<http://www.cms.gov/pace/default.asp>

Promising Practices in Home and Community Based Services

<http://www.cms.gov/promisingpractices/>

Improving The Quality Of Medicaid Personal Assistance

Through Consumer Direction

http://www.healthaffairs.org/WebExclusives/Foster_Web_Excl_032603.htm

Home and Community Based Services Resource Network

Review Of The Medicaid 1915(C) Home And Community Based Services

Waiver Program Literature And Program Data

http://www.hcbs.org/medicaid_study/medicaid_study.htm

Compendium of System Change Grants for Community Living

Cover: <http://www.hcbs.org//compendium/web/cover.htm>

Table of Contents: http://www.hcbs.org//compendium/web/table_of_contents.htm

Medicaid Long Term Care Expenditures by State: 1996-2002

[Click on state; click on title]

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(National Council on Aging)

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State Home and Community Support Services for Older Adults: Total Service Expenditures for Selected Services

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Long-Term Care: What Direction for Public Policy

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Assisted Living Reexamined: Developing Policies and Practices to Insure Quality Care – April 2002

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Assisted Living in the 21st Century: Examining its Role in the Continuum of Care – April 2000

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The Nursing Home Initiative: A Two-Year Progress Report – September 2000

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(The Urban Institute)

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Assisted Living – Summary of State Statutes

(AARP Public Policy Institute)

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State Programs

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Choices – Home and Community Based Care
(Alaska Senior and Disability Services)
<http://www.hss.state.ak.us/dsds/choice.htm>

Arkansas –

Independent Choices (Cash and Counseling)
(Division of Aging and Adult Services Robert Wood Johnson Demonstration)
<http://www.state.ar.us/dhs/aging/ichoice.html>

ElderChoices
(Division of Aging and Adult Services Medicaid Home and Community Waiver)
<http://www.state.ar.us/dhs/aging/ec.html>

California –

California Care Network
<http://www.calcarenet.ca.gov/default.asp>

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Consumer Directed Attendant Support Program

(Colorado Department of Health Policy and Financing)

<http://www.chcpf.state.co.us/SysChange/cdas/cdasindex.html>

Colorado -- Increasing Persons' Control Over Personal Attendants

(Home and Community-Based Services Resources Network)

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Total Long term Care. Denver, Colorado, Case Study (Fall 2002)

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Florida –

CARES – Comprehensive Assessment Review Evaluation Services

(Department of Elderly Affairs)

<http://elderaffairs.state.fl.us/doea/english/cares.html>

Community Care for the Elderly

(Florida Department of Elder Affairs)

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Long-Term Care Community Diversion Project

(Florida Department of Elder Affairs)

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Vision And Guiding Principles

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Iowa -

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(Iowa Department of Elderly Affairs)

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Kansas –

Home and Community Based Services for the Frail Elderly

(Kansas Department on Aging)

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[HomeCommunityServices](#)

Kentucky –

Homecare Medicaid Waiver Program

(Office of Aging Services)

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Waiver Programs

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(Michigan Department of Community Health)

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(Minnesota Department of Human Services)

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HBCU Waiver Programs

(Department of Health)

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Missouri –

Home and Community Services

(Missouri Division of Aging)

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Missouri Care Options Reports

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(Senior and Long Term Care of Montana)

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(Nebraska Health and Human Services System)

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Aged and Disabled Medicaid Waiver

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Enhanced Community Options

(New Jersey Department of Health and Senior Services)

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Medicaid Waiver Services

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Oregon -

The "Oregon Model"

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(Pennsylvania State Government)

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Home and Community Based Waiver Services for the Elderly

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Community Based Alternatives [for elderly and adults with disabilities]

(Texas Department of Human Services)

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Shaping the Future of Long Term Care in Vermont

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Washington –

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(Washington Department of Social and Health Services)

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(Wyoming Aging Division)

<http://wdhfs.state.wy.us/aging/services/ltchcbs.htm>

Foundation Supported Innovation

Promoting Consumer Direction in Aging Services

(National Council on Aging and National Association of State Units on Aging)

<http://www.consumerdirection.org/>

Community Partnerships for Older Adults

(Robert Wood Johnson Foundation)

<http://www.partnershipsforolderadults.org/>

Cash and Counseling Demonstration

(University of Maryland)

<http://www.hhp.umd.edu/AGING/CCDemo/index.html>

Long Term Care Issues – Personnel, Consumer Direction and Costs

The Future Supply of Long Term Care Workers in Relation to the Aging Baby Boomer Generation – Report to Congress (2003)

(Assistant Secretary for Planning and Evaluation, U.S. Department of Health and Human Services)

<http://aspe.hhs.gov/daltcp/reports/lcwork.htm>

Personnel Needs in Aging Services: Implications of a Survey of Aging Services Personnel

(Center for the Advanced Study of Aging Services, University of California at Berkeley)

<http://cssr.berkeley.edu/aging/pubdetails.asp?name=survey>

Long Term Care Worker Shortage

(The Urban Institute)

<http://www.urban.org/content/IssuesInFocus/Long-TermCarefortheElderly/Long-TermCareWorkerShortage/shortage.htm>

Consumer-Directed Personal Assistance Services: Key Operational Issues for State CD-PAS Programs Using Intermediary Service Organizations (1997)

<http://aspe.os.dhhs.gov/daltcp/reports./cdpas.pdf>

Consumer-Directed Home and Community Services: Policy Issues

(Urban Institute)

<http://www.urban.org/Template.cfm?NavMenuID=24&Template=/TaggedContent/ViewByPubID.cfm&PubID=310065>

Case Studies of Six State Personal Assistance Service Programs Funded by the Medicaid Personal Care Option

<http://aspe.hhs.gov/daltcp/reports/casestud.htm>

Consumer-Directed Personal Assistance Services: Key Operational Issues for State CD-PAS Programs Using Intermediary Service Organizations

<http://aspe.hhs.gov/daltcp/reports/cdpas.pdf>

Long Term Care: Consumers, Providers and Financing – A Chart Book

(Urban Institute)

http://www.urban.org/UploadedPDF/LTC_Chartbook.pdf

The Costs of Long-Term Care: Public Perceptions Versus Reality

(Public Policy Institute, AARP)

http://research.aarp.org/health/ltc_costs_1.html

Advocacy Groups and Coalitions

Direct Care Alliance

<http://www.directcarealliance.org/>

Long Term Care

(Alliance for Health Reform)

http://www.allhealth.org/sourcebook2002/ch9_tc.html

Medicaid Action Center

(Families USA)

http://www.familiesusa.org/site/PageServer?pagename=Medicaid_Action

State Budgets Under Stress: How Are States Planning to Reduce Growth in Medicaid Costs?

(Kaiser Family Foundation)

<http://www.kff.org/content/2002/20020730/statbudupdate73002.pdf>

Professional Organizations and Academic Centers

California Center for Long Term Care Integration

(University of California at Los Angeles)

<http://www.ltcu.ucla.edu/>

College of Direct Support

<http://www.collegeofdirectsupport.com/>

Home and Community Based Services Resource Network

<http://www.hcbs.org/index.htm>

Long Term Care Resources Program

(Duke University Center for the Study of Aging and Human Development)

<http://ltc.duke.edu/index.htm>

National Institute on Community-Based Long Term Care

(National Council on Aging)

<http://206.112.84.147/content.cfm?sectionID=42>

National Governors Association – Aging and Long Term Care

http://www.nga.org/center/topics/1,1188,D_611,00.html

National Conference of State Legislatures – Long Term Care

<http://www.ncsl.org/programs/health/longcare.htm>

Paraprofessional Health Care Institute
(<http://www.paraprofessional.org>)

Stay at Home Program
(Duke University)
http://ltc.duke.edu/s_ah_ah1.htm

Paraprofessional Health Care Institute
<http://www.paraprofessional.org/>

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