



Assisted Living

See also: [Senior Housing Sites](#), [Home Modifications](#) and [Nursing Homes](#)

Assisted living is an industry term for multifamily housing with congregate and personal care services. Assisted living goes by many names, including personal care, residential care, congregate care and in some areas, board and care. The services offered vary widely, but frequently include as core services, meals, housekeeping and transportation and often some assistance with laundry, grooming, medication management and other functions of daily living. Special care units in some facilities care for individuals with cognitive impairment and respiratory assistance needs. Unless an assisted living facility is a component of a continuing care or “life-care” community, it does not offer the health care services of a nursing facility. For safety reasons most states require residents to self-evacuate their personal living quarters (with or without ambulatory equipment) in the event of an emergency.

The federal government does not establish standards for assisted living as it does for nursing homes who participate in the federal Medicare program. Most states license and regulate assisted living residences and an increasing number of states place Medicaid eligible adults in assisted living residences as an alternative to traditional placement in a nursing home. This trend leads many to speculate that the federal government will become increasingly involved in setting minimum standards of care in residences electing to participate in the federal-state Medicaid program. National associations representing selective areas the industry have increased self-regulation efforts, motivated in part to delay federal oversight and regulation. The number of older adults living in assisted living is estimated to be between 600,000 to 1 million with as many as 50,000 receiving Medicaid support, compared with 1.6 million older adults in nursing home beds including 1 million with Medicaid assistance.

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Consumer Information

Fact Sheet: Assisted Living and Residential Care Facilities

(Family Caregiver Alliance)

http://www.caregiver.org/caregiver/jsp/content_node.jsp?nodeid=390

What is Assisted Living?

(Assisted Living Federation of America)

<http://www.alfa.org/public/articles/details.cfm?id=96>

Assisted Living: Help Only When You Need It

(AARP)

<http://www.aarp.org/confacts/housing/assistliv.html>

Discovering Assisted Living

(American Association of Homes and Services for the Aging)

<http://www.aahsa.org/public/al.htm>

A Consumer Guide to Assisted Living and Residential Care Facilities

(National Center for Assisted Living – American Health Care Association)

<http://www.ncal.org/consumer/thinking.htm>

Consumer Checklist

(Assisted Living Federation of America)

<http://www.alfa.org/public/articles/details.cfm?id=75>

Steps for Choosing an Assisted Living Facility

(Consumer Consortium for Assisted Living)

http://www.ccal.org/steps_for_choosing_an_assisted_living_facility.htm

Helping You Choose Quality Assisted Living

(Joint Commission on Health Care Organizations)

<http://jcprdw1.jcaho.org/general+public/making+better+choices/helping+you+choose/assisted+living.htm>

Choosing An Assisted Living Facility: Considerations for Making the Right Decision

(Mature Market Institute)

<http://www.metlife.com/WPSAssets/94678680301027365983V1FPDF13.pdf>

Assisted Living Consumer Information Statement

(Assisted Living Federation of America)

<http://www.alfa.org/public/articles/alcis2.pdf>

Medline – Assisted Living

(National Library of Medicine)

<http://www.nlm.nih.gov/medlineplus/assistedliving.html>

Facility Directories

(For general directories of retirement housing see: [Senior Housing Options and Directories](#))

Assisted Living Federation of America Provider Directory

<http://www.alfa.org/directory/>

American Association of Homes and Services for the Aging Member Directory

(Click “assisted living” radio button)

<http://www.aahsa.org/public/find.htm>

Finding A Facility - Members

(National Center for Assisted Living – American Health Care Association)

<http://www.ncal.org/consumer/finding.htm>

Statistics

Assisted Living Averages \$2,379 Per Month In U.S., 10.2% Increase Metlife Mature Market Institute Survey Finds

(Met Life)

<http://www.metlife.com/Applications/Corporate/WPS/CDA/PageGenerator/0,1674,P250~S489,00.html?BTNGO.X=7\&BTNGO.Y=4>

2003 Assisted Living Largest Providers

(Assisted Living Federation of America)

<http://www.alfa.org/public/articles/ALToday2003Survey.pdf>

Assisted Living averages \$2,159 Per Month In U.S.

Metlife Mature Market Institute Study Finds

(Met Life)

<http://www.metlife.com/Applications/Corporate/WPS/CDA/PageGenerator/0,,P250~S356~AP,00.html>

Met Life Survey of Assisted Living Costs 2002

(Met Life)

<http://www.metlife.com/WPSAssets/20977150421022190171V1FAssistedLivingSurv-final.pdf>

Assisted Living Sourcebook

(American Health Care Association)

<http://www.ahca.org/research/alsourcebook2001.pdf>

Facts about Assisted Living

(Assisted Living Federation of America)

<http://www.alfa.org/public/articles/details.cfm?id=97>

State Directories and Reports

Alaska

Search Assisted Living Licensed Homes

(Alaska Division of Senior Services)

<http://intra1.admin.state.ak.us/dss/assisted/>

Arkansas

Assisted Living

(Arkansas Division of Aging and Adult Services)

<http://www.state.ar.us/dhs/aging/assistedliving.html>

California

Residential Care Facilities for the Elderly

(California Care Network)

http://www.calcarenet.ca.gov/non_med_res_care_fac.asp

Colorado

Colorado Assisted Living Facilities

(Department of Public Health and Environment)

<http://www.cdphe.state.co.us/hf/static/pcbhpp.htm>

Colorado Personal Care Boarding Homes

(Colorado Department of Health)

<http://www.cdphe.state.co.us/hf/static/pcbhpp.htm>

Connecticut

State Funded Assisted Living Program Status

(Office of Legislative Research)

<http://www.cga.state.ct.us/2003/olrdata/age/rpt/2003-R-0637.htm>

Delaware

Assisted Living Facilities in Delaware

(Delaware Division of Aging and Adults with Physical Disabilities)

<http://www.dsaapd.com/assistedliving.htm>

Florida

Florida Affordable Assisted Living

(Florida Department of Elder Affairs)

<http://www.floridaaffordableassistedliving.org/>

Health Care Facility Directory

(select “Assisted Living” in drop down box)

http://www.fdhc.state.fl.us/alf/owa/alf_info.main.firstpage

Illinois

Supportive Living Program

(Illinois Department of Public Aid)

http://www.state.il.us/dpa/html/slf_customer.htm

Indiana

Housing with Services Establishments Directory

(Indiana Division of Disability, Aging and Rehabilitation Services)

<http://www.in.gov/fssa/elderly/aging/report.pdf>

Disclosure Regulations for Housing with Services

(Indiana Division of Disability, Aging and Rehabilitation Services)

<http://www.in.gov/legislative/ic/code/title12/ar10/ch15.html>

Iowa

Assisted Living, Elder Group Home, and Elder Family Home Regulation

[Includes links to directories of 3 types of assisted living facilities]

(Iowa Department of Elder Affairs)

<http://www.state.ia.us/elderaffairs/services/aliving.html>

Louisiana

Louisiana Adult Residential Care Minimum Standards

(Louisiana Department of Social Services)

http://www.dss.state.la.us/offos/assets/applets/Adult_Residential.pdf

Maine

Assistive Living Licensing Services

(Maine Bureau of Elder and Adult Services)

Directory: http://www.state.me.us/dhs/beas/facilities/fac_main.php

Maryland

Maryland Assisted Living Facilities

(Maryland Department of Health and Mental Health)

http://www.dhmh.state.md.us/ohcq/listings/web_alp.doc

Massachusetts

Massachusetts Extended Care Federation – Assisted Living

<http://www.masslongtermcare.org/al/fresidence.stm>

Montana

Montana Senior and Long Term Care Provider Search

(Senior and Long Term Care of Montana)

<http://www.dphhs.state.mt.us/sltc/housing/carefac.htm - 3>

Nebraska

Assisted Living Facilities

(Nebraska Health and Human Services System)

<http://www.hhs.state.ne.us/crl/Medfac/alf/alf.htm>

Roster: <http://www.hhs.state.ne.us/crl/ALF%20Roster.pdf>

Assisted Living Services Aged and Disabled Medicaid Waiver Program

(Nebraska Health and Human Services System)

<http://nncf.unl.edu/assisted/brochure.html>

New Jersey

Search for Long Term Care Facility

(New Jersey Department of Health and Senior Services)

<http://www.state.nj.us/health/ltc/cgi/facilitysearch.htm>

Types of Assisted Living in New Jersey

(New Jersey Housing and Mortgage Finance Agency)

<http://www.state.nj.us/dca/hmfa/alr/types.htm>

New York

New York State Housing Guide – Search Engine

(Select County, type of housing, e.g. “New York State Licensed Assistive Living Program,” and payment type)

<http://seniorhousing.state.ny.us/search/begin.htm - primary>

North Carolina

Adult Care Homes/Homes for the Aging Licensed by State of North Carolina

<http://facility-services.state.nc.us/fchlist.pdf>

Oregon

Oregon Consumer Guide to Assisted Living and Residential Care Facilities

(Oregon Seniors and People with Disabilities)

http://www.sdsd.hr.state.or.us/pubs/assist_living_guide.pdf

http://216.239.39.100/search?q=cache:wr7ZYyc7Z6IC:www.sdsd.hr.state.or.us/pubs/assist_living_guide.pdf+assisted+living+policy&hl=en&ie=UTF-8

Pennsylvania

On-Line Directory of Personal Care Homes

(Pennsylvania Office of Social Programs)

<http://www.dpw.state.pa.us/osp/osppchfod.asp>

Licensed Continuing Care Facilities

(Pennsylvania Insurance Department)

http://www.insurance.state.pa.us/ccrc/ccrc_main.html

Texas

Assisted Living – Types of Facilities

(Texas Department of Human Services)

http://facilityquality.dhs.state.tx.us/ltcqrs_public/nq1/jsp2/qrsHowRatesAL1en.jsp?MODE=P&LANGCD=en

Assisted Living - Type A

(Texas Department of Human Services)

http://facilityquality.dhs.state.tx.us/ltcqrs_public/nq1/jsp2/qrsGeoArea1en.jsp?MODE=P&LANGCD=en&TYPSRV=al_A

Assisted Living - Type B

(Texas Department of Human Services)

http://facilityquality.dhs.state.tx.us/ltcqrs_public/nq1/jsp2/qrsGeoArea1en.jsp?MODE=P&LANGCD=en&TYPSRV=al_B

Assisted Living - Type C

(Texas Department of Human Services)

http://facilityquality.dhs.state.tx.us/ltcqrs_public/nq1/jsp2/qrsGeoArea1en.jsp?MODE=P&LANGCD=en&TYPSRV=al_C

Utah

Levels of Care

(Utah Department of Health)

http://hlunix.hl.state.ut.us/licensing/hf_levels_of_care.PDF

Assisted Living Facility – Type I Directory

(Utah Department of Health)

<http://health.utah.gov/licensing/lists/hf/type/AL1.htm>

Assisted Living Facility – Type II Directory

(Utah Department of Health)

<http://health.utah.gov/licensing/lists/hf/type/AL2.htm>

Assisted Living Census Report – September 2003

(Utah Department of Health)

<http://hlunix.hl.state.ut.us/licensing/census-sep03.pdf>

Vermont

Residential Care Homes

(Vermont Department of Aging and Disabilities)

<http://www.dad.state.vt.us/lcinfo/RCH2.htm>

Directory: <http://www.dad.state.vt.us/lcinfo/RCH/List.html>

Washington

Adult Family Home Locator

(Aging and Adult Services Administration)

<http://www.aasa.dshs.wa.gov/Lookup/AFHRequest.asp>

Boarding Home Locator

(Aging and Adult Services Administration)

<http://www.aasa.dshs.wa.gov/Lookup/bhrequest.asp>

Wisconsin

Wisconsin Assisted Living Facilities and Programs

(Department of Health and Family Services)

<http://www.dhfs.state.wi.us/bqaconsumer/AssistedLiving/AsLivindex.htm>

Wisconsin Affordable Assisted Living Statistics

(Department of Health and Family Services)

<http://www.wiaffordableassistedliving.org/statistics/>

Organizations

American Health Care Association

(National Center for Assisted Living)

<http://www.ncal.org/>

American Association of Homes and Services for the Elderly

<http://www.aahsa.org/>

American Seniors Housing Association

<http://www.seniorshousing.org/>

Assisted Living Quality Coalition

(National Center for Assisted Living)

<http://www.ncal.org/about/toc.htm>

Assisted Living Federation of America

<http://www.alfa.org/>

Association of Health Facility Survey Agencies

<http://www.ahfsa.org/>

Consumer Consortium on Assisted Living

<http://www.ccal.org/>

Joint Commission on Accreditation of Health Care Organizations Assisted Living Accreditation Standards

<http://jcprdw1.jcaho.org/htba/assisted+living/index.htm>

Assisted Living Division

(CARF - Rehabilitation Commission)

<http://www.carf.org/providers.aspx?Content=Content/Accreditation/Opportunities/AL/to c.htm>

National Investment Center for the Seniors Housing and Care Industries

<http://www.nic.org/>

Federal Funding

Section 202 Supportive Housing For The Elderly Program

(U.S. Department of Housing and Urban Development)

<http://www.hud.gov/offices/hsg/mfh/progdesc/eld202.cfm>

Assisted Living Conversion Program

(U.S. Department of Housing and Urban Development)

<http://www.hud.gov/offices/hsg/mfh/progdesc/alcp.cfm>

FY 2003 Supernova: Assisted Living Conversion Program for Eligible Multifamily Projects”

(US Department of Housing and Urban Development)

<http://www.hud.gov/offices/adm/grants/nofa/grpalcp.cfm>

Mortgage Insurance for Nursing Homes, Intermediate Care, Board and Care And Assisted-Living Facilities

(U.S. Department of Housing and Urban Development)

<http://www.hud.gov/offices/hsg/mfh/progdesc/nursingalcp232.cfm>

Community Facilities Grant Program

(Rural Housing Service, USDA)

http://www.rurdev.usda.gov/rhs/ProgramBriefs/brief_cp_grant.htm

Government Studies and Reports

Assisted Living Work Group Final Report

(NCB Development Corporation)

<http://www.ncbdc.org/ncbdc/contents.nsf/docname/altestimony0403doc.htm>

Assisted Living Reexamined: Developing Policy and Practices to Ensure Quality Care - April 16, 2002

(U.S. Senate Special Committee on Aging)

<http://aging.senate.gov/events/041602.html>

Assisted Living in the 21st Century: Examining Its Role in the Continuum of Care, Hearing April 26, 2001

(U.S. Senate Special Committee on Aging)

<http://aging.senate.gov/events/042601.html>

The Use of Nursing Home and Assisted Living Facilities Among Privately Insured and Non-Privately Insured Disabled Elders (2000)

(U.S. Assistant Secretary for Planning and Evaluation, Department of Health and Human Services)

<http://aspe.hhs.gov/daltcp/reports/nhalfuse.htm>

High Service or High Privacy Assisted Living Facilities, Their Residents and Staff: Results from A National Survey (2000)

(Assistant Secretary for Planning and Evaluation, U.S. Department of Health and Human Services)

<http://aspe.hhs.gov/daltcp/reports/hshp.htm>

Residents Leaving Assisted Living: Descriptive and Analytical Results from a National Survey (2000)

(Office of the Assistant Secretary for Planning and Evaluation, U.S. Dept of Health and Human Services)

<http://aspe.hhs.gov/daltcp/reports/alresid.htm>

A National Study of Assisted Living for the Frail Elderly: Results of a National Study of Facilities - Executive Summary (April 26, 1999)

(Assistant Secretary for Planning and Evaluation, U.S. Department of Health and Human Services)

<http://aspe.os.dhhs.gov/daltcp/reports/facreses.htm>

State Regulations and Policy Studies

State Assisted Living Policy 2002

(National Academy for State Health Policy)

http://www.nashp.org/Files/lc_15_AL_2002.pdf

State Regulatory Review 2003

(National Center for Assisted Living)

<http://www.ncal.org/about/statsum.htm>

A Primer on Residential Care Facilities for the Elderly

(California Healthcare Foundation)

<http://www.chcf.org/documents/hospitals/rcfeprimer.pdf>

Assisted Living: Summary of State Statutes (2001)

(AARP Public Policy Institute)

http://research.aarp.org/health/d17145_assisted_voll.html

States with Medicaid Waivers for Assisted Living

(NCD Development Corporation)

<http://www.ncbdc.org/ncbdc/contents.nsf/docname/aaldirmedwaivdoc.htm>

Creating Assisted Living Facilities: Expanding Options for Long-Term Care

(National Governors Association)

http://www.nga.org/center/divisions/1,1188,C_ISSUE_BRIEF^D_676,00.html

Assisted Living in the United States (1999)

(AARP Public Policy Institute)

http://research.aarp.org/il/fs62r_assisted.html

Other Research Studies and Reports

Policy Principles for Assisted Living

(National Senior Citizens Law Center)

http://www.nslc.org/articles/al_policyprinciples.htm

The Assisted Living Workgroup

(American Association of Homes and Services for the Aging)

<http://www.aahsa.org/alw.htm>

Affordable Assisted Living: Providing Dignity and Independence for All Elderly Americans

(NCB Development Corporation)

[http://www.ncbdc.org/ncbdc/contents.nsf/docname/aalbrochurepdf/\\$file/AALbrochure.pdf](http://www.ncbdc.org/ncbdc/contents.nsf/docname/aalbrochurepdf/$file/AALbrochure.pdf)

Mid-Year Legislative Wrap-Up of State Legislation (2002)

(Assisted Living Federation of America)

http://www.alfa.org/public/articles/MID-Year_Wrap-Up.PDF

Affordable Assisted Living – Background

(NCB Development Corporation)

[http://www.ncbdc.org/ncbdc/contents.nsf/docname/AALbackgrounder2001pdf/\\$file/AAL2001Backgrounder.pdf](http://www.ncbdc.org/ncbdc/contents.nsf/docname/AALbackgrounder2001pdf/$file/AAL2001Backgrounder.pdf)

Case Studies of Low Income Assisted Living Projects

(NCB Development Corporation)

<http://www.ncbdc.org/ncbdc/contents.nsf/docname/aalchcasedoc.htm>

Assisted Living Operating Performance and Financial Feasibility Analysis Model
(NCB Development Corporation)
[http://www.ncbdc.org/ncbdc/contents.nsf/docname/aalFeasibilityModelV2_xls/\\$file/NCBDCFeasibilityModelV2.xls](http://www.ncbdc.org/ncbdc/contents.nsf/docname/aalFeasibilityModelV2_xls/$file/NCBDCFeasibilityModelV2.xls)

Residential Care for the Elderly: Supply, Demand and Quality Assurance
(California Health Care Foundation)
<http://www.chcf.org/documents/hospitals/rcfefullreport.pdf>

Ensuring Assisted Living Quality Through the Courts: State Policy Issues Regarding A Consumer Private Right of Action
(Public Policy Institute, AARP)
http://research.aarp.org/health/2000_22_ltc.html

Independent Living: Do Older Parents and Adult Children See It the Same Way?
(Public Policy Institute, AARP)
http://research.aarp.org/il/ind_liv_exsum.html

Industry Journals and Newsletters

McKnight's Long Term Care News On-Line
<http://www.mcknightsonline.com/>

National Center for Assisted Living Hot Topics Archives
(National Center for Assisted Living)
<http://www.ncal.org/news/ht/htindex.htm>

Provider for Long Term Care Professionals
(National Center for Assisted Living)
<http://www.ncal.org/news/provider/archive.htm>

Assisted Living News
(National Senior Citizens Law Center)
http://www.nsclc.org/issues_health_asstliv.htm

Commentary

Enforcement In The Assisted Living Industry: Dispelling The Industry's Myths
(Center for Medicare Advocacy)
http://www.medicareadvocacy.org/SNF_AsstLiv_Enforcement.htm

Assisted Living: Better Than a Nursing Home? [August 13, 2001]
(Time Magazine)
<http://www.time.com/time/magazine/printout/0,8816,170025,00.html>

Long Term Care: Assisted Living
(Citizens for Long Term Care)
http://www.citizensforltc.org/issues_disabilities.htm

The Assisted Living Industry – An Industry Overview and Performance Analysis of Public Firms – May, 1999

(Franklin and Marshall College)

<http://www.fandm.edu/Departments/BusinessAdministration/FinanceHome/StudentWork/Keslosky/Keslosky.html>

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